

20 January 2024

Racial Trauma Service Group  
Reporting to Literature Committee

Contact Email: racial-trauma@acawso.org  
WSO Slack: lit\_racial\_trauma (closed channel)

Chair: Alaska (SF,CA)  
Vice Chair: Willi (SF,CA)  
Secretary: Chantelle (FL)  
Members: Carlos (FL) and Shanon (NM)

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*The primary objective of the Racial Trauma Service Group is to provide guidance for acknowledging and recognizing the impact of systemic racism on family dysfunction and the adult child experience, both within ACA literature and in policies and communications affecting the broader Fellowship.*

The Racial Trauma Service Group (formerly known as Floor Motion 7 and the BIPOC working group) became conference approved at the 5 August 2023 ACA Quarterly Delegate Meeting.

Our initial implementation plan presented at the 5 August 2023 ACA QDM:

1. Further deepen the ACA program framework by developing a resource guide that outlines the significant role that systemic racism plays in shaping family dysfunction and the ACA Problem, as well as how it, therefore, informs the ACA Solution and recovery.
2. Collaborate with the Literature Committee to identify how to acknowledge and outline the impact of systemic racism in ACA literature, as well as further the development of the ACA framework - specifically around the relevance of systemic racism on the family system, family dysfunction, and the adult child experience.
3. Identify opportunities in ACA literature to incorporate personal shares from ACAs, focusing on experiences of racial trauma and systemic racism, and act as an intermediary by calling for and collecting member shares as required.
4. Advise the ACA WSO Board on current and future ACA projects and policies to ensure that racial bias and/or systemic oppression are being appropriately considered and addressed.

## Significant accomplishments since 4 November 2023

- ★ Created Racial Trauma Service Group page on acawso.org. Uploaded quarterly reports.
- ★ Held two events on November 11 2023 (12 noon EST and 9 PM EST) to introduce the RTSG, its members and current and upcoming projects.
- ★ Recruited PGM members to develop 4th step inventories on racial trauma.
  - Group has been meeting on Saturdays and is making significant progress distilling this vast topic down to beginning with learning how to identify our trauma responses.
- ★ Curating a special edition of the Comline blog dedicated to PGM/BIPOC experiences of racial trauma. May 1 2024 edition.
- ★ RTSG delegate members will present this report, and have Q & A at the 3 February 2023 QDM.

## Projects and Ideas In Development & Next Steps

- ★ Continue work on 4th Step Racial Trauma inventories and questions.
- ★ Revise our implementation plan, removing item 4 since we have not yet met with, nor [been] asked to advise the Executive Committee or the Board of Trustees.
- ★ Present a revised implementation plan at the 2024 ABC.
- ★ Meet with the Literature Committee to clarify and establish RTSGs role within the Literature workflow.
- ★ Creating a page acknowledging racial trauma's effect on dysfunctional disease on the [adultchildren.org](http://adultchildren.org) website