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October 2017

## Monthly Feature

### Welcome to "The Traveler" Newsletter

**Greetings fellow ACA members.**

The ACA World Service Organization (WSO) is pleased to send you the inaugural edition of our new monthly e-newsletter, *The Traveler*. The idea behind the creation of *The Traveler* was to send timely news, announcements, and other important information from WSO directly to our membership on a monthly basis.

That way you are in direct contact with WSO and are hearing ACA information almost as soon as it happens. *The Traveler* will be different from the long standing ACA *ComLine* newsletter in that it will not have recovery related shares and articles. Instead *The Traveler* will focus on tidbits of information that can be read quickly.

We hope you enjoy this new communication from WSO and find it useful to share with your fellow ACA members.

ACA WSO also has a newsletter and email sign up page on our website. If you or anyone you know would like to receive newsletters or announcements of activities and events from WSO directly, please have them go to the link below and sign up.

[www.adultchildren.org/newsletter](http://www.adultchildren.org/newsletter) (or click the button on the home page of [adultchildren.org](http://adultchildren.org))

Please feel free to forward this email to others in ACA and make this link available to your Intergroup and Region websites.

In service,

Member and Public Service Committee

Bill D., Chair

&

Carole C., Vice-Chair

## WSO News

### **New General Manager**

The WSO Board of Trustees is pleased to announce that WSO has hired a General Manager, Tammie Garcia. Her responsibility is to manage fellowship services and the literature distribution center in addition to helping the WSO Board implement strategic initiatives that help ensure the ACA message continues to be spread globally. Welcome Tammie!

### **MPS Special Worker to be Hired**

Our Special Worker for the Member and Public Services Committee had to leave us last month and we are seeking a replacement for her. Please go to the [adultchildren.org](http://adultchildren.org) website homepage and click on the Special Worker link near the top for more info about our job posting.

### **Lower order minimum**

The WSO Board of Trustees recently decided to lower the Intergroup minimum literature order amount from \$630 to \$100. This allows smaller, less financially solvent Intergroups to obtain the 30% discount in pricing without having to spend \$630.

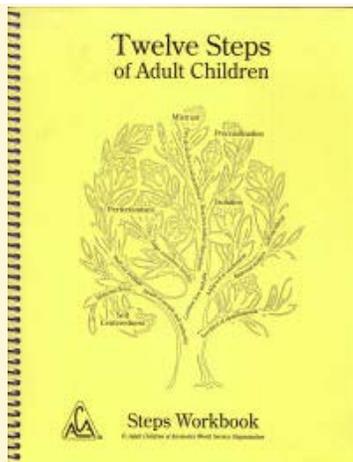
### **New ACA Resources**

Did you know that ACA WSO Literature is available via [Amazon US](#) and [Amazon UK](#)? In Europe, we have also started selling select literature on Amazon France, Germany, Italy and Spain and are in the process of expanding the selection as well as the countries covered.

The ACA Big Red Book is now available in Spanish and can be ordered at [shop.adultchildren.org](http://shop.adultchildren.org)

Audio recordings (MP3) of 2017 Annual World Convention speakers and workshop presentations are now available for purchase and download at [shop.adultchildren.org](http://shop.adultchildren.org)

## Resource Spotlight



## The Twelve Steps of Adult Children Steps Workbook

The Twelve Steps workbook provides members with a detailed series of exercises and questionnaires that can be used by individuals either in a one-on-one Fellow Traveler (Sponsorship) or in group studies.

The workbook is designed as a Step-study book and a stand alone piece of literature. It can serve as the main piece of literature for Twelve Step discussions at an ACA meeting. It is also designed to be used by ACA members wanting to work the ACA Twelve Steps with a sponsor. Along with the writing assignments, there are worksheets for the Twelve Steps in addition to questions that help unlock clarity about our childhood experiences and our new path of recovery.

With some modification the workbook can be used by a group of ACAs wishing to work the Steps together during a 12-week to 16-week period.

You can get the Twelve Steps workbook from the Literature representative at your local meeting or order the book online at here: [shop.adultchildren.org](http://shop.adultchildren.org)

## Featured Meeting & Events

### West Great Lakes Intergroup Fall Conference

Sponsored By: WEST GREAT LAKES INTERGROUP

**Where:** Barrington United Methodist Church, 98 Algonquin Road, Barrington, IL

**When:** Saturday, October 21, - (8:30am to 3:30pm)

[See the flyer by clicking here](#)

### 4th Annual Northern California ACA Retreat

Sponsored By: The Solutions Group CA1030

**Where:** Westminster Woods, 6510 Bohemian Highway, Occidental, CA 95465

**When:** October 20-22, 2017

[See the flyer by clicking here](#)

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**Meetings** - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on [adultchildren.org](http://adultchildren.org) to search for a meeting or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), [Skype](#) and [Internet](#) meeting information pages.

**Events** - For the latest list of ACA Events in North America sponsored by registered ACA Groups or Intergroups see the [ACA Events](#) page on [adultchildren.org](http://adultchildren.org)

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## About Adult Children of Alcoholics (ACA)

ACA is a 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA; Adult Children Anonymous; & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit:

[www.adultchildren.org](http://www.adultchildren.org)



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