



January 2019



Happy Birthday, ACA!

Saturday January 26, 2019

The 2014 ABC passed motion abc_2014_23, making the last Saturday of the month of January a day for our World Organization to celebrate the beginning of the program that is helping us to find freedom from dysfunction. Please celebrate with us at your meetings around this date!



First Quarter 2019

Experience, Strength, and Hope

“Finding Emotional Sobriety” New Trifold Helps AA Members

A new ACA trifold is carrying our fellowship’s message to members of Alcoholics Anonymous who are

pass along the same suffering we knew as children.

Since the trifold was first distributed at an AA conven-

tion, other suffering adult children find the missing piece to their recovery.

This trifold is a first in a continuing effort by ACA to introduce our program to other 12-Step fellowships, so that the many adult children

The latest ComLINE was just released! The ComLINE is our quarterly publication where members, from around the fellowship, share their experience, strength, and hope (ESH) on the 12 Steps, Traditions, and Promises of ACA. If you would like to share ESH from your own recovery journey or view current and back issues, please visit the [ACA ComLINE Page](#).

2019 ABC/AWC News

The 2019 ABC/AWC will be held in Malmö, Sweden. More information, including about registration, can be found on the [Convention Website](#).

ACA Annual Business Conference - April 25 & 26, 2019

ACA World Convention - April 26 (evening), 27 & 28, 2019

It's Time to Vote on the Ballot Proposals

In advance of the ABC in April, meeting groups and Intergroups, worldwide, are asked to cast their opinions on whether or not each Proposal merits discussion at the upcoming Business Conference. Ballots will be posted in January. More information will be announced on the [Ballot Prep Committee Page](#). Any questions may be submitted to bpc@adultchildren.org

Each Meeting and Intergroup Designates a Delegate

The business of the WSO is conducted at the ABC primarily by the Delegates, who are chosen by their group to be their representative. Some information about becoming a Delegate – the role and responsibilities – may be found on the [Delegate Training Page](#).

This page will be updated periodically, so refer back, as needed.

NEW! The 2019 ABC Offers Remote Voting

Traditionally, the only Delegates who were able to participate and vote at the Annual Business Conference were those who could afford the time and expense of attending the ABC. Until now. This April, Delegates directly representing a meeting or Intergroup will be able to have a voice, and a vote, on the matters brought before the conference.

All Delegates, whether in attendance or at a distance, must register first at acaworldconvention.org. Trainings, and opportunities for questions and answers, will be available in the weeks leading up to the ABC. As mentioned above, all delegates may find pertinent information on the [Delegate Training Page](#).

Delegate Training Subcommittee (DTSC)

The purpose of the DTSC is to serve as a resource to help educate Delegates and Alternate Delegates of groups and Intergroups to the ABC. Educational documents to prepare for their role are currently available on the [DTSC Webpage](#). Teleconference trainings will be available in April prior to the ABC. We strongly suggest becoming familiar with these resources so that all may have a well-informed conference experience. Questions may be directed to dtsc@acawso.org.

ABC Remote Voting and Teleconferencing Support

We are creating a subcommittee to support **remote voting and teleconferencing** for the 2019 ABC. Do you have experience with teleconferencing for large groups, audio recording, or an interest in being of service? We can use your help!! Please contact us at webservant@adultchildren.org.

WSO News

New Trifold in Free Literature - Finding Emotional Sobriety

We have a new conference approved trifold to share the ACA message of recovery with adult children who are still suffering the affects, even though they've found stage one recovery in AA. It's available to view, download and share in [grayscale](#) or [color](#).

Carrying the Message

As part of our 12th step we try to carry this message to all who suffer from the effects of childhood abuse, trauma, neglect, and abandonment. ACA WSO is grateful for your contributions that help us do that vital work. Check out our flyer titled "[Where the Money Goes](#)" to see how we utilize your contributions to carry the ACA message around the world. Please consider making a monetary contribution to help the next ACA receive the gift of recovery. Contributions can be made [online](#), by calling at 562-595-7831, or by mail

Does your ACA group meet on more than one day and time a week?

We now have an enhancement to the meeting list database, which allows a registered Group to specify more than one meeting day and time. Please contact us at meetings@acawso.com if you would like to use this new feature. New enhancements for meeting and intergroup searches are coming soon as well.

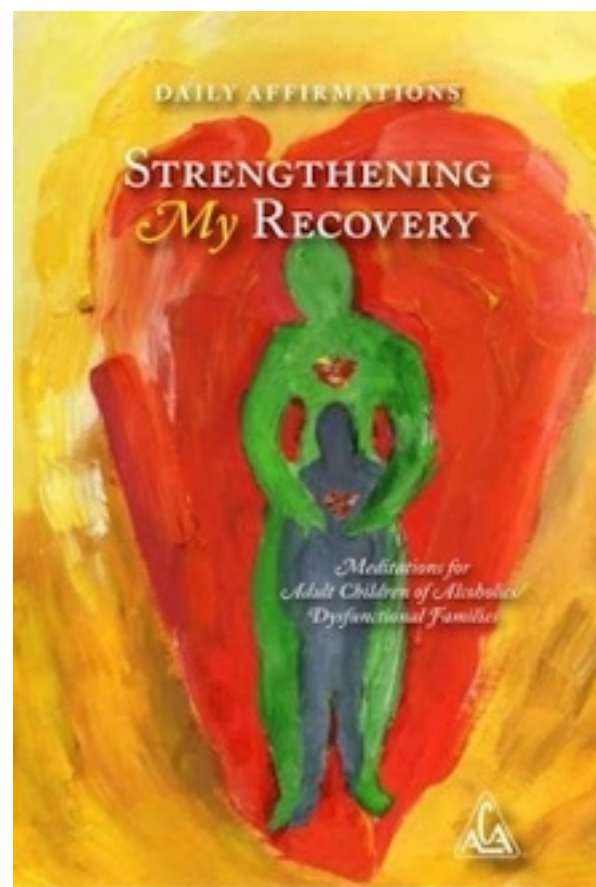
Addressing Predatory Behavior (APB) - Safety Statements

The APB committee has published examples for group conscience approved safety statements used in different ACA meetings online. Check out these [Safety Statements](#), if you are considering something similar in your home group meeting!

Resource Spotlight

Daily Meditation from Strengthening My Recovery

WSO has added a daily email with the Meditation of the Day from Strengthening My Recovery. You can find the sign up link at Adultchildren.org. You will need to sign up for this separately from The Traveler Newsletter email.



Featured Meetings & Events

Greater NJ Intergroup Share-a-Day

January 26, 2019 - 10am-7pm - Baldwin, NY

[Event Flyer](#)

Quarterly Speaker Meeting

January 12, 2019 - Benicia, CA

[Event Flyer](#)

Spring Bi-Annual ACA Retreat

March 1-3, 2019 - Benet Lake, WI

[Event Flyer](#)

Resolving Resentment

March 8-10, 2019 - Bloomingdale, NJ

[Event Flyer](#)

Germany ACA Convention

March 29 - 31, 2019 - South Palatinate, Germany

[Event Flyer](#)

SEE ALL CURRENT EVENT FLYERS HERE

[See all the event flyers by clicking here](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), [Skype](#) and [Internet](#) meeting information pages.

WSO Meeting Teleconferences

The ACA WSO holds its monthly Board teleconference meeting on the second Saturday of each month. The meeting begins at 2pm Eastern Time; the telephone number is 712-432-0075, access code 427266#. Minutes of past meetings can be found [here](#).

Twelve Concepts of Service - Concept #1

The final responsibility and the ultimate authority for ACA World Services should always reside in the collective conscience of our whole Fellowship. You can find the [12 Concepts of Service here](#).

Traveler Submissions

The Traveler Newsletter is an email publication, scheduled to be released at the beginning of each month, which highlights ACA service news and events. If your service committee, intergroup, region, or group would like to submit a notice to The Traveler, please send an email to thetraveler@adultchildren.org. For more details, please visit [The Traveler](#)

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA; Adult Children Anonymous; & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit:

www.adultchildren.org



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