

Recovery Weekend for ACoA's And Anyone Else in 12-Step Recovery

34th ANNUAL FALL BEACH RETREAT AT FORT CASWELL

Join Us For Fun, Fellowship, Adult Children Meetings, Meditation, and Serenity

DATES: September 20-22, 2019, Friday-Sunday. Check-in is from 4-7 PM Friday. Gates are locked at 11:45 PM. Checkout is 10 am Sunday, unless you are paying to stay Sunday night.

PLACE: Registration, room assignments, and the Hospitality Room are in Lantana. Fort Caswell (www.fortcaswell.com) is 30 miles south of Wilmington on the eastern tip of Oak Island, where the Cape Fear River empties into the Atlantic Ocean. Surrounded by water, Fort Caswell is an inspiring, quiet, and serene place. Onsite activities include swimming, fishing, basketball, softball, volleyball, horseshoes, and tennis. The NC Baptist Assembly emergency phone number is 910-278-9501.

COST: \$140.00 per person if postmarked by Wednesday, July 10th. We must give Fort Caswell 60 days notice of the number of people attending the retreat, so register early! On Thursday, July 11th, the cost is \$150.00 per person if space is available. No day-trippers or "at the door" payments allowed. There is a \$35.00 returned-check fee. Your canceled check is your confirmation, or call Sydney at 919-961-5063 after September 1, 2019. Call Sydney for information about our limited hardship scholarships or special financial arrangements.

MEALS & FESTIVITIES: Friday dinner is on your own. A group of us always goes out to dinner before the first meeting, usually leaving around 5:30 PM. Please be at the registration desk at that time to join the group. The first meeting begins Friday at 8:00 pm. Three cafeteria meals are included in the registration: Saturday breakfast & lunch, and Sunday breakfast. Beverages are provided in the Hospitality Room throughout the weekend. Please bring snacks and drinks to share and games to play.

Dinner on Saturday will be part of the evening festivities put on by the entertainment committee.

ROOMS: Room and roommate preferences are given to earliest registrants. Roommate priority is based on the postmark of the last check received. People who want to room together must send their checks at approximately the same time. Registration fees are based on multiple occupancy. If you have special needs or need a private room, register early and let us know so we can try to accommodate your needs. Buildings have a/c & heat; linens, towels, and pillows are provided. Smoking is not allowed in any building!!

CONTACTS: Sydney 2838 Wycliff Rd Raleigh, NC 27607 919-961-5063 (Cell) John A, Chair 252-903-9532 (Cell) Tricia F, Co-Chair 919-522-8622 (Cell)

MAIL registration with check/money order payable to Beach Retreat to Sydney at her address shown in CONTACTS above. BRING your Inner Child, games to play Saturday afternoon, snacks, favorite stuffed animal, flashlight, sunscreen, and insect repellent. You can also bring musical instruments for impromptu sessions. Bring CD's, tapes or books to swap or share.

NO DAY-TRIPPERS, SMOKING IN BUILDINGS, CHILDREN UNDER 18, PETS, SKATEBOARDS, OR WATER GUNS!

COOKING IS TO BE DONE ONLY IN KITCHENS!

✂-----DETACH AND MAIL-----

REGISTRATION FORM

NAME: _____ M ___ F ___
First Last

ADDRESS: _____
Street, Route, Apartment City, State, Zip Code

PHONE: _____ E-MAIL: _____
(Get retreat updates and help us save postage and printing costs by providing your e-mail address.)

Are you interested in also staying Sunday night for an additional fee? ___Yes ___No (Please add \$55 for shared room to your check if yes.)
Check if you are a vegetarian to allow for Saturday dinner planning _____ Is this your first: 12-Step Retreat? ___ ACoA meeting? ___ Are you willing to be a speaker? _____ If available at retreat time, would you be interested in a private room for an extra charge? ___ Yes ___ No

MUTUAL ROOMMATE REQUEST: _____
(Roommate assignment priority is based on the postmark of the final check received.)

SPECIAL NEEDS: _____
(See ROOMS section above.)

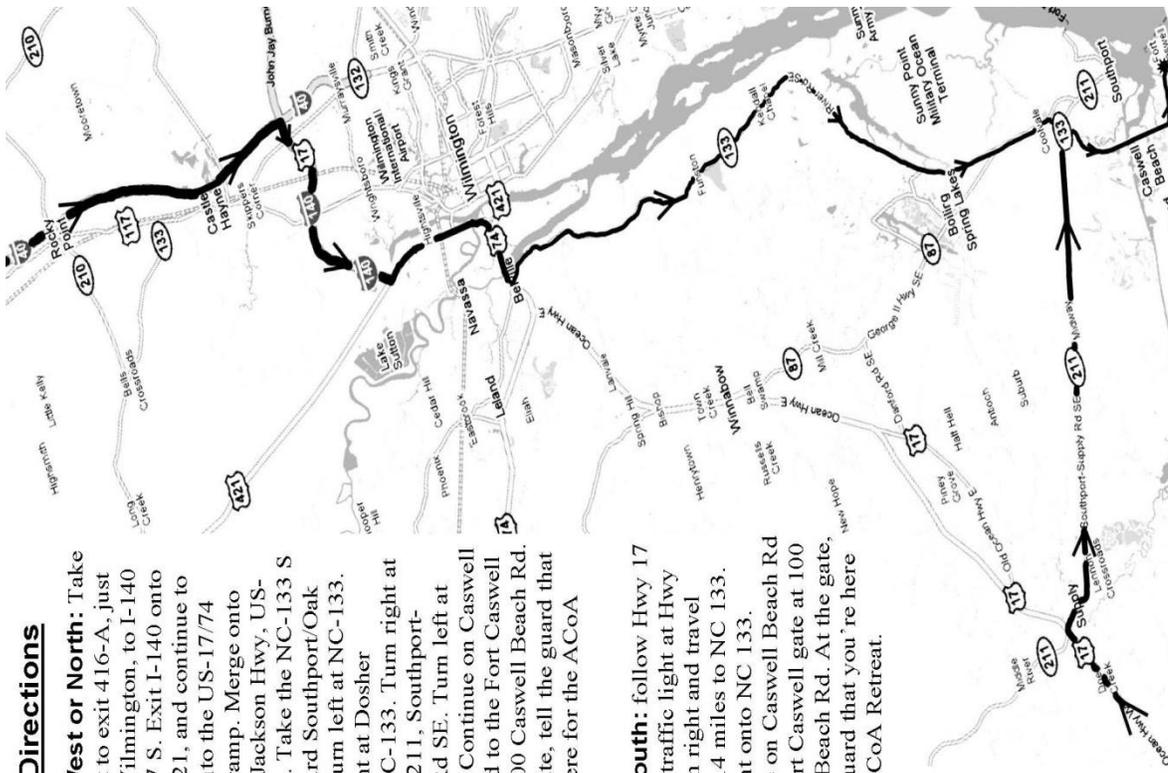
DONATION: Help us offer another scholarship as part of our 12th step service \$_____, and/or make a general donation to help us keep fees lower \$_____, and/or donate to the 2020 35th Anniversary Celebration Fund \$_____

Please call Chantal at 919-231-8877 or email Chantal2c@aol.com with mailing requests or updates.

Directions

From West or North: Take I-40 East to exit 416-A, just before Wilmington, to I-140 W/US-17 S. Exit I-140 onto US-17/421, and continue to merge onto the US-17/74 /76/133 ramp. Merge onto Andrew Jackson Hwy, US-17/74/76. Take the NC-133 S exit toward Southport/Oak Island. Turn left at NC-133. Turn right at Doshier Cutoff/NC-133. Turn right at NC-133/211, Southport-Supply Rd SE. Turn left at NC-133. Continue on Caswell Beach Rd to the Fort Caswell gate at 100 Caswell Beach Rd. At the gate, tell the guard that you're here for the ACoA Retreat.

From South: follow Hwy 17 North to traffic light at Hwy 211. Turn right and travel approx. 14 miles to NC 133. Turn right onto NC 133. Continue on Caswell Beach Rd to the Fort Caswell gate at 100 Caswell Beach Rd. At the gate, tell the guard that you're here for the ACoA Retreat.



Beach Retreat

C/O Sydney

2838 Wycliff Rd

Raleigh, NC 27607



RETURN SERVICE REQUESTED