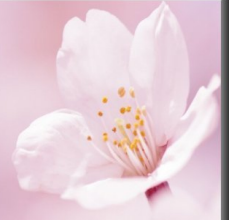


Adult Children of Alcoholics & Dysfunctional Families

Fife - Scotland



Retreat February 28th - 1st March 2020

Embracing the inner child



Venue Tontine Hotel High St, Peebles EH45 8AJ

<https://www.tontinehotel.com>



Cost for weekend £130.00 (£50.00 non returnable deposit to be paid by 31st October 2019 balance to be paid by Friday 7th February 2020 Saturday day visitor £10.00 please read the retreat further information)

Further Information Sandra 07951463588

sandymearns11@hotmail.com

aca-fife.org.uk

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RETREAT FURTHER INFORMATION

Adult children of alcoholics Fife Group (Scotland)

Invites you to 2020 Retreat of embracing the inner child (4th Birthday)

Please read below details of the retreat

1 cost of retreat £130.00 (£50 non refundable deposit secures a place payable by 31/10/2019 balance to be paid by 07/02/2020) price includes light meal (soup sandwiches) on arrival 28/2/2020 Bed and breakfast both nights (full breakfast) 2 course evening meal on Saturday evening, unlimited tea / coffee through weekend (workshops and materials inclusive) please advise of any dietary needs when booking.

2 Accommodation 5 single rooms (strictly first come basis) Twin rooms' double rooms all rooms have en suite facilities, tea/ coffee making facilities TV, WIFI a link to the hotel <https://www.tontinehotel.com>

(Whilst it is recognised that most adult children would prefer separate / single accommodation the hotel has limited availability for this requirement and people with health / mobility restriction will be allocated the single accommodation. From past experience of retreats fellow travellers who have shared rooms have built great friendships / connection and the benefits of the retreat outweigh the 2 nights of sharing accommodation. If it is impossible to share a room the hotel may be able to accommodate a twin / double room but this will be at double rate please be mindful of this extra charge)

3 location Peebles is 23 miles from the centre of Edinburgh 30 minute car ride buses from Edinburgh Bus station Bus numbers X62 X62B X70 some Car transport will be available on Friday 28th February 2020 at 3pm from Edinburgh Waverly Train Station to the location. info@bordersbuses.co.uk Call [01896 754350](tel:01896754350) <https://www.undiscoveredscotland.co.uk> › [peebles](#) › [peebles](#)

4 Further updates of the retreat/ payment/ program and booking form for the weekend will be updated on Fife ACA home page and further information page aca-fife.org.uk the retreat will also be on WSO and UK website. (Faith in fellowship Sandra Fife ACA)

Contact 07951463588 sandymearns11@hotmail.com