The Suggested Commitment to Service

From page 601, of the Big Red Book

I perform service so that my program will be available for myself, and through those efforts, others may benefit. I will perform service and practice my recovery by:

1. Affirming that the true power of our program rests in the membership of the meetings and is expressed through our Higher Power and through group conscience.
2. Confirming that our process is one of inclusion and not exclusion; showing special sensitivity to the viewpoint of the minority in the process of formulating the group conscience so that any decision is reflective of the spirit of the group and not merely the vote of the majority.
3. Placing principles before personalities.
4. Keeping myself fit for service by working my recovery as a member of the program.
5. Striving to facilitate the sharing of experience, strength, and hope at all levels: meetings, Intergroups, Regional committees, service boards, and World Services.
6. Accepting the different forms and levels of service and allowing those around me to each function according to their own abilities.
7. Remaining willing to forgive myself and others for not performing perfectly.
8. Being willing to surrender the position in which I serve in the interest of unity and to provide the opportunity for others to serve; to avoid problems of money, property, and prestige; and to avoid losing my own recovery through the use of service to act out my old behavior, especially in taking care of others, controlling, rescuing, being a victim, etc.
9. Remembering I am a trusted servant; I do not govern.
The Twelve Traditions and Meditations of ACA

Tradition 1
Our common welfare should come first; personal recovery depends on ACA unity.

Tradition 1 Meditation
Higher Power. I am your trusted servant seeking to support my ACA group and its primary purpose. Please remind me that the life of my program and my own recovery depends upon my willingness to put the group’s welfare above my own will. Help me recognize unity.

Tradition 2
For our group purpose there is but one ultimate authority – a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

Tradition 2 Meditation
Higher Power. I understand that you make your voice heard in a group conscience. I ask you to remind me that the life of my program and, therefore, my own recovery depends upon my willingness to put the group’s welfare above my own will. Where I disagree with the common view of my fellows in service, allow me to state my case honestly and respectfully. Allow me to listen to and consider the views of others. May I state my view and support all group decisions, including the ones I might disagree with. Your will, not mine, be done.

Tradition 3
The only requirement for membership in ACA is a desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.

Tradition 3 Meditation
Higher Power. Help me recognize my desire to recover from the effects of growing up in a dysfunctional home. Give me willingness to attend meetings to recover from these effects. I participate in ACA because I want to change and help others. Thank you for leading me to these rooms where I belong. Thank you for giving me the courage to walk into an ACA meeting and stay and find my place. I am finally home. I finally know where I fit.

Tradition 4
Each group is autonomous except in matters affecting other groups or ACA as a whole. We cooperate with all other Twelve Step programs.

Tradition 4 Meditation
Higher Power. Help my home group remain focused on the Twelve Step process of recovery while still having its own personality and flavor. When the actions and decisions of my group might affect ACA as a whole, may we find the spirit of cooperation and a willingness to seek help from the ACA service structure. My group is autonomous, but it is not alone.

Tradition 5
Each group has but one primary purpose – to carry its message to the adult child who still suffers.
Tradition 5 Meditation
Higher Power. Help me remember that ACA has one primary purpose, which centers the fellowship and which simplifies most discussions. Help me remember to ask myself a simple question when I am doing the business of ACA. ‘Does what we are about to do support the primary purpose of carrying the ACA message to another adult child needing help?’

Tradition 6
An ACA group ought never endorse, finance, or lend the ACA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Tradition 6 Meditation
Higher Power. Grant me the wisdom to know when a group project will carry the message of recovery to those who still suffer, or will direct group energy away from carrying the message. Guide us away from discussions about property, prestige, or endorsing causes that are not ACA. Give me the courage to speak clearly and thoughtfully for what I believe honors Tradition Six.

Tradition 7
Every ACA group ought to be fully self-supporting, declining outside contributions

Tradition 7 Meditation
Higher Power. I am here to do your will. Help me give for the right reason with the right amount. Help me remember that I have a different life today because of ACA. May I be willing to give back what was freely given to me. May I claim spiritual ownership in this fellowship.

Tradition 8
Adult Children of Alcoholics should remain forever non-professional, but our service centers may employ special workers.

Tradition 8 Meditation
Higher Power. Remind me that the direction of our program comes from the ACA members and the groups. Remind me that we must make our own decisions. Guide us when we discuss the need to hire special workers that will help us fulfill ACA’s primary purpose. Grant us the wisdom to make the best decisions for our groups, service structure, and our fellowship as a whole.

Tradition 9
ACA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

Tradition 9 Meditation
Higher Power. May I remember that ACA and its meeting and service structure are different than my family of origin. May I be patient and avoid reaching for the easiest way out when I am confronted with a difficult situation. Help me and my ACA group ask for help in keeping our meetings safe and recovery-oriented. Also help us celebrate the things that we do right.

Tradition 10
Adult Children of Alcoholics has no opinion on outside issues; hence the ACA name ought never be drawn into public controversy.
Tradition 10 Meditation
Higher Power. Help me to honor ACA’s primary purpose, and focus my sharing in meetings on topics of recovery. Help me remember that ACA is a spiritual program and not a political, religious, or other type of program.

Tradition 11
Our public relations policy is based on attraction rather than promotion; we maintain personal anonymity at the level of press, radio, TV, films, and other public media.

Tradition 11 Meditation
Higher Power. I ask you to guide me in maintaining my anonymity at the level of all media because no one speaks for ACA or gives the appearance of speaking for ACA. We attract others to ACA by our good works and the good word of others. Help me discern when I might break my anonymity for a suffering adult child looking for a way out of confusion. This person might be a co-worker or a family member. Help me know when to share some of my story, or when to remain quiet and maintain my anonymity. May I avoid speaking out of turn, or using my ego to share with people who may not be interested in ACA. At the same time, give me courage to share this program when the moment is right.

Tradition 12
Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Tradition 12 Meditation
Higher Power. Help me see the connecting thread that anonymity brings to the ACA program. Give me the willingness that I need to practice ACA principles instead of a false self personality.

The Twelve Concepts of ACA

Concept I
The final responsibility and the ultimate authority for ACA World Services should always reside in the collective conscience of our whole fellowship.

Concept II
Authority for the active maintenance of our world services is hereby delegated to the actual voice, the effective conscience for our whole fellowship.

Concept III
As a means of creating and maintaining a clearly defined working relationship between the ACA meetings, the ACA WSO Board of Trustees, and its staff and committees, and thus ensuring their effective leadership, it is herein suggested that we endow each of these elements of service with the traditional Right of Decision.*
The right of decision as defined herein refers to:
1) the right and responsibility of each trusted servant to speak and vote his/her own conscience, in the absence of any contrary mandate, on any issue regardless of the level of service;
2) the 12 Steps, 12 Traditions, and the Commitment to Service will be followed by trusted servants in decision making;
3) delegates to the Annual Business Conference are trusted servants and therefore equally guided by the 12 Steps, 12 Traditions, 12 Concepts, and the Commitment to Service;
4) standard practice that decisions made by subcommittees are subject to the authority of the service body which creates its mission and defines its parameters.

**Concept IV**
Throughout our structure, we maintain at all responsible levels a traditional Right of Participation.

**Concept V**
Throughout our structure, a Right of Petition prevails, thus assuring us that minority opinion will be heard and that petitions for the redress of grievances will be carefully considered.

**Concept VI**
On behalf of ACA as a whole, our Annual Business Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Annual Business Conference also recognizes that the chief initiative and the active responsibility in most of these matters would be exercised primarily by the Trustee members of the World Service Organization when they act among themselves as the World Service Organization of Adult Children of Alcoholics.

**Concept VII**
The Annual Business Conference recognizes that the Articles of Incorporation and the Bylaws of the Adult Children of Alcoholics World Service Organization are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Adult Children of Alcoholics. It is further understood that our World Service Organization relies upon the force of tradition and the power of the ACA purse for its final effectiveness.

**Concept VIII**
The Trustees of the World Service Organization act in this primary capacity: with respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs.

**Concept IX**
Good service leaders, together with sound and appropriate methods of choosing them, are, at all levels, indispensable for our future functioning and safety. The primary world service leadership must necessarily be assumed by the Trustees of the Adult Children of Alcoholics World Service Organization.
Concept X
Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description, or by the Operating Policy and Procedures Manual and bylaws.

Concept XI
While the Trustees hold final responsibility for ACA’s World Service administration, they should always have the assistance of the best possible standing committees, corporate trustees, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

Concept XII
In all its proceedings, Adult Children of Alcoholics World Service Organization shall observe the spirit of the ACA Twelve Traditions, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no WSO action ever be personally punitive or an incitement to public controversy; that though the WSO may act for the service of Adult Children of Alcoholics, it shall never perform any acts of government; and that, like the fellowship of Adult Children of Alcoholics which it serves, the WSO itself will always remain democratic in thought and action.

From the Bylaws of ACA/WSO

ARTICLE EIGHT (VIII) PARLIAMENTARY AUTHORITY
1. The latest edition of Robert’s Rules of Order shall be used as a guide in resolving any disputes; however, the ultimate authority shall be the group conscience of those persons present.

ARTICLE NINE (IX) ANNUAL BUSINESS CONFERENCE (ABC)
1. The ABC shall be convened on the fourth (4th) weekend of April at a location approved by the Board of Trustees in keeping with the OPPM.
2. The purpose of the ABC shall be to bring Unity and Consistency to the ACA fellowship. Toward this end, it may to establish guidelines for service and communication links within ACA.
3. All members of ACA shall be invited to attend the ABC, with each affiliated Meeting and Intergroup designating one voting delegate and an alternate.
4. The group conscience obtained from the delegates in attendance shall provide direction, recommendations, and/or Special Committees to the Board for conducting the business of ACA WSO.
5. All Trustees shall be presented to the delegates with a Motion to ratify their membership on the Board.
      5.1 In the event ratification of a Trustee is not obtained, the Board shall follow the procedures as outlined in the OPPM.
6. A quorum for voting at the ABC shall be defined as a two thirds (2/3) vote of the registered delegates, as defined in the OPPM.

From the Operating Procedures and Policy Manual (OPPM)

VII. PLACING ISSUES BEFORE THE BOARD
Issues can be brought before the Board in various ways.
1. By contacting a member of the Board.
2. Through a Committee of the Board.
3. During the Guest commentary portion of the Board’s monthly Teleconference.
4. By submission of a proposal for the Annual Business Conference.
5. By exercising the Right to Petition, which Groups may use to request that the Board reconsider any issue(s) previously considered. (See Appendix I)

APPENDIX I — RIGHT TO PETITION
In the event the Board or a Committee of the Board (WSO) has declined to take action on an issue, or there is dissent or dissatisfaction with some action or inaction of WSO, the fellowship may formally petition for reconsideration or some other specific action to be taken by WSO.

Guidelines for submitting petitions are as follows:
1) Must be submitted in writing to the Board Secretary (secretary@adultchildren.org) cc’ing the Board Chair (chair@adultchildren.org).
2) Must include the reason for submitting the petition, including any information that might not have been available at the time of the original WSO decision.
3) Must be co-submitted by either a. Five (5) or more registered meetings that are spread out over at least three (3) different states, provinces or countries, or b. Three (3) or more registered Intergroups that represent at least two (2) different states, provinces or countries.
4) The petition must include contact information for all supporting groups (as in 3 above).
See the OPPM for more information

X. COMMITTEES
A. General WSO committees are composed of ACA members, including Trustees, as well as an occasional nonACA member, such as a WSO Special Worker or a subject matter expert.
All committees are referred to as Committees of the Board. The term “committee” in this section refers to the primary committee and any sub-committees or other groups associated with the committee.
There are two general types of committees: Standing and Ad Hoc.
1. Standing Committees: permanent committees that meet regularly throughout the year.
2. Ad Hoc Committees: temporary committees that meet regularly until their defined purpose is accomplished.
The purpose of WSO committees is to respond to the needs of the fellowship within specific areas of service and help carry the message. Committees are created or disbanded by appropriate motions of the Board and/or the ABC.

F. Reports and Notifications The business and progress of each committee shall be explained within its reports. Committees are responsible for submitting and/or maintaining three types of written communication: monthly reports, annual reports and meeting minutes.

1. Monthly: a written report of the committee’s activities is submitted to the website committee for posting to the website at least 3 days prior to the Board’s monthly teleconference.

2. Annual: a report of each committee’s activities that covers the past fiscal year (January 1 through December 31) with an addendum to cover significant actions of the committee after the first of the year and prior to the writing of the report. This report must be submitted to the ABC Committee Chair, or designated alternate, within the timeframe required.

3. Reports or Minutes: committees are required to product reports or minutes of their meetings that minimally document actions taken. If recordings are made of committee meetings, such recordings should be deleted within six months after minutes have been produced and approved by the committee. Reports or minutes should minimally include those present, agenda items that were discussed and decisions made.

XIX. WSO EVENTS: ANNUAL BUSINESS CONFERENCE (ABC) and ACA WORLD CONVENTION (AWC)

2. Required Roles, Committees and Responsibilities

f. Parliamentarian: A Parliamentarian will be available during the ABC to ensure that Robert’s Rules of Order are followed. It’s important to note that the Traditions, Concepts and the OPPM will supersede Robert’s Rules.

3. Delegates

An ABC Delegate is an elected representative of a meeting or a WSO service body that is registered with WSO.

Groups are autonomous and can decide for themselves who their delegate shall be, although it is highly recommended that the delegate have been a regular meeting attendee for at least a year and will be able to attend one of the Delegate Training sessions.

Delegates participate in the discussion and voting at the ABC as part of presenting the views of the group they represent.

In addition to representing their group at the ABC, a delegate can serve in other ways.

• In January, before the ABC, a delegate may assist their group by shepherding the Ballot process for the submitted proposals.
• After the ABC, delegates can offer their insights, as well as their experience, strength and hope by participating in ABC surveys.
• They may also be expected to provide a written report to their group.
• A delegate may also be inspired to volunteer for a WSO Committee.
• They may also offer their insights to a first-time delegate the following year.

Delegates who travel to an ABC may receive partial or full reimbursement from the group they represent, depending on the financial resources of that group.
Any member of the fellowship can attend the ABC. However, an individual group may have only one registered delegate. An exception is that two individuals may share the position of voting delegate for their group as long as they are both registered and have indicated how they will share their responsibilities, e.g., person A will cover the first day and person B will cover the second day. More information for Delegates may be found on the acawso.org website.

**Parliamentary Procedures for the 2020 Virtual ABC**

**A. Robert’s Rules of Order**

Robert’s Rules provides a standard order of conducting business for large meetings so that they may operate and function effectively. Robert’s Rules balance the right of decision of the Majority with the right of the Minority to be heard.

Due to time constraints, ACA WSO uses a modified version of Robert’s Rules for the ABC that are meant to help ensure that courtesy is given to all involved, while promoting the orderly exchange of ideas.

**B. Establishing Quorum**

In any proceedings, such as the ABC, it is essential to establish quorum in order to protect the integrity of the voting process. Because the WSO Bylaws state that quorum is 2/3 of the Registered Delegates attending, the Secretary must ensure that the number of Delegates online in Zoom does not drop below quorum at specific times during the ABC in order to appropriately conduct any business where motions will be entertained.

Those times are as follows:

1. At the start of the discussion of Ballot Proposals on Day 1
2. At the start of the discussion of Ballot Proposals on Day 2
3. At the start of the discussion of the motions from the floor
4. At any other time during the ABC when a motion or motions will be considered

**C. Making a Point**

The following can be done by posting a message on Chat:

1. **POINT OF ORDER.** A question about Process, or Objection and Suggestion of an Alternative Process. This may include a request for the Chair to rule on the process.
2. **POINT OF INFORMATION.** A request for Information on the Process or about the content of a Motion.

**D. Types of Motions**

At the ABC, a motion that is passed asks that the WSO take a certain action. The ABC Conference will only consider the following types of motions:

1. Those based on the Ballot Proposals approved by the Fellowship in advance of the ABC. NOTE: a Proposal is not a motion until, and unless, it is officially made into a motion.
2. Those made by Delegates from the floor
3. Those made by Committees of the Board

**E. General Rules of Discussion and Voting**
1. Delegates may not speak for a second time during any block of designated time.
2. Delegates are strongly encouraged to not repeat a point that has already been made during that time segment.
3. Any topic that cannot be resolved in the given time limit will be deferred for resolution to a Problem Solving Discussion Group (defined later in this document) at the end of Day 1. Deferred topics will be brought back before all Delegates on the Day 2.
4. The Chair will be given discretion in pausing the proceedings when requests are made to amend, refer to committee, postpone, table, or to Call the Question. These procedural issues can sometimes shut the process down prematurely because they can become confusing and waste limited time.
5. A motion passes by a 60% majority.
6. Minority Opinion:
   a. If the vote is not unanimous, a total of two minutes will be allotted for Delegates who voted in the minority to speak their opinion.
   b. By using the ‘thumbs up’ icon on Zoom, Delegates will be asked to indicate if anyone wishes to change their vote after hearing the minority opinion.
      i. If so, the vote is retaken and no matter what the results, minority opinion does not apply to this vote.
      ii. If not, the original vote stands.

F. Ballot Proposal Process

Given the time constraints of the ABC, and in compliance with the “limited time” directive in Section XIX.A.4.e of the OPPM, the Chair will set a time limit of approximately 30 minutes for full consideration of each Ballot Proposal that becomes a motion. This limit is intended to allow ample time for open dialogue and a minimum of Robert’s Rules maneuvering.

Ballot Proposals will be considered in the order of their favorable vote on the Ballot, i.e., start with those that received the highest Fellowship percentage of affirmative votes. This respects the fellowship’s feedback.

Instead of jumping straight into presentation and seconding of motions, the ABC Conference Chair (the “Chair”) will follow the guideline introduced into the OPPM in April of 2019 and guide the proceedings as follows, and as depicted in the attached diagram, ABC 2020 Motions Flow Chart:

1. Ask the Secretary or designated person to read the Ballot Proposal into the record. For lengthy Proposals, an abbreviated introduction is appropriate, with a notice to the Secretary to include the entire proposal in the minutes.
2. Initiate 10 minutes of open Delegate discussion about the merits of the Proposal to get a sense of the group BEFORE a motion is introduced. Delegates will indicate they wish to talk by using the ‘raised hand’ icon 🙋‍♀️.
3. At the end of the discussion, ask for suggested wording of a motion based on that Proposal. NOTE: if this is not an easy task to accomplish, it is likely a sign that the Proposal will fall into poll category c. below.

4. Take a formal poll with the following three choices:
   a. I support this Proposal in the form of the suggested motion.
   b. I oppose the purpose of this Proposal and am not likely to support it in any form.
   c. I generally support the concept of this Proposal, but would only support it if it is reworked before a motion is created.

5. The results of this poll will be interpreted as follows:
   a. Must receive 60% or more for a formal motion to be called for an entertained at this point in the proceedings.
   b. Must receive 60% or more for the Proposal to be considered an unfavorable move by the Delegates. In this case, the Chair may suggest to the Delegation that i. The Proposal be considered moot (will not become a motion) or ii. If someone feels strongly about the Proposal, they may make a motion. It will require a second to proceed through the rest of the motion process. Otherwise, it will become moot.
   c. The Proposal will fall into this category if it either receives 60% of the vote, or if it does not get a 60% or more vote in either a. or b. above. The process for Proposals in this category is:
      i. The Chair initiates 5 minutes of further discussion to help identify what changes are being requested.
      ii. If issues are not resolved, and because it is not yet an actual motion, the Chair will indicate that the Proposal appears to require additional work by a Problem Solving Discussion Group before presenting it for a final vote.
      iii. The Chair asks for a show of hands on Zoom to see if the Delegates favor moving the Proposal to Day 2 so that interested Delegates can attempt to resolve differences. Note: If a motion is made and seconded at this time, the normal motion protocol will be followed.

G. Problem-Solving Discussion Groups

To help keep the larger meeting from being bogged down by detailed discussions that involve extensive wordsmithing, for Ballot Proposals that fall into category 5.c above, interested delegates will be invited to participate in small group discussions at the end of Day 1. The goal will be to explore the creation of a compromise motions. Zoom allows for break-out groups, each of whom will be given up to an hour for discussion with the goal of either creating a universally acceptable motion that will be presented on Day 2. The alternative is for groups to present a motion to refer the matter to WSO.
H. Calling the Question/Motion to Postpone or Table

Because of the 30-minute time limit on each item and the process described above, in the interest of time and fairness, the Chair is permitted to not recognize motions to “call the question” or “move to postpone or table.” In previous ABCs these motions became highly confusing, often thwarting productive group discussion, and actually burned up extra time for their own debate and vote.

The Chair may say something like “we’re near the end of the discussion/debate. Calling the question will take longer, so I’m going to suggest we allow the remaining debate to occur.” Or, “Calling the question normally would require debate and a vote. Before making the decision to do so, please indicate by Yes or No using the Zoom icons whether you would like to end the discussion/debate now.”

I. Motions from the Floor

Delegates may make Motions from the Floor unrelated to the Ballot proposals on Day 1 that they feel are time sensitive.

Such motions must

1. Be submitted in writing to the Conference Secretary within an hour after the official close business on Day 1.
2. Be written succinctly.
3. Include a rationale for why the motion should be considered time critical, e.g., final decisions are in the process of being made about an upcoming WSO event.
4. Be unrelated to the Ballot Proposals on Day 1.

On Day 2, Delegates will then vote on whether they agree to proceed with any of the floor motions.
We propose that . . . ACA utilize mascots Pebbles and Bamm Bamm which resemble our inner children and Laundry List as well as Other Laundry List Traits.

**History/Reasoning:** ACA has never had mascots. Mascots serve to attract without promoting. Since cartoons are fictional characters, it allows us to recognize that we need not take things too personally and stick to principles. As is no apparent alcoholism in the Flintstone or Rubble homes this strengthens the concept that dysfunctional families are everywhere and dysfunction can occur without the presence of addiction.

**Argument in Favor:** Recognizing and connecting with our inner child is often a struggle in early recovery. Having Pebbles and Bamm Bamm as mascots help ACA’s identify that we couldn’t have turned out differently. We have been conditioned through prehistoric ages of civilization to behave as we do. Pebbles represents the Laundry List traits and Bamm Bamm hammering away with his club represents the Other Laundry List.

Fred Flintstone, loud-mouthed, impulsive, short-tempered, stubborn is the constantly scheming father figure, someone we all learned to love and forgive despite his character defects. Fred often lives life from the viewpoint of a victim in his work relationship with Mr. Slate. We can identify with the perfectionism of Wilma’s daily wearing of pearls, seductive clothing and her perfectly kept house. Wilma’s codependence is clearly seen as she lets Fred back in the door each night when he absent-mindedly shuts himself out of the house while putting out the family pet, Dino. This constant clumsiness suggests he may be a functional alcoholic clearly in need of emotional sobriety. The regular arguing of Wilma and Fred will have its effect on Pebbles growing up. Barney Rubble on the other hand, Bamm Bamm’s father, with his “Hello Fred” is joy-loving and whimsical, suggesting he is a pot-head, and never bothered in the slightest. Eager to join in with Fred’s antics, he is a people-pleaser which in turn creates much aggression for Bamm Bamm and his club. Bamm Bamm will grow up unable to express his anger in healthy ways since Barney shows little role modeling for healthy boundaries with Fred. His mother Betty Rubble, often in the background of the show is representative of a lost child. The consequence of Betty’s lost child identity is passed on in Bamm Bamm’s inability to find and use his voice. Bamm Bamm never spoke any words other than “Bamm Bamm”.

**WSO Analysis:** Mascots have never been used in 12 Step recovery programs. WSO recognizes we are different than other 12 Step fellowships and we agree Pebbles and Bamm Bamm should have a voice. Fred, never one to consider the consequences of his actions gives us pause to consider whether the use of mascots would be doing the same.

**Comments:**

Yabba Dabba Doo!

“Hello Fred”

Have a yabba dabba doo time, a dabba doo time.

We’ll have a gay old time!
Delegate’s Report from the 2020 Annual Business Conference
April 23rd and 24th held remotely as a teleconference

Prepared for ______________________________ by: ____________________________, Delegate

I am currently the WSO Representative for ___________________________________________

Things to consider for your report:

Looking at the Conference agenda in the front of the binder, consider what your group may like to hear a report on. Other ideas might include:

- The status of the treasury
- The impact of Covid-19 on ACA WSO’s financial standing
- Requests for service opportunities with WSO
- How the fellowship is expected to grow
- Proposal outcomes, see the Motion/Discussion templates
- Motions or proposals that went to committees
- Modifications to Robert’s Rules of Order
- Committee Reports
- Announce ideas for new online and teleconference resources, service opportunities, and best practices as a result of Covid-19

- Other ________________________________

The Delegation

This year we had _________ delegates attending, representing the following countries:

__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Notes from Day 1 of the ABC
Notes from Day 2 of the ABC

Thank you for allowing me to serve as your Delegate to the ABC.
It is my hope that this information will be archived.

The 2020 Delegate Binder and Delegate Training material may be found at acawso.org.
The 2021 ABC/AWC will be held in the Boca Raton area of SE Florida, in late April.

Attached separately is a summary of the discussed proposals and motions.
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Notes on the Motions ¹Source: Ballot Proposal/Committee/Floor ²Vote: Carried/Failed/Tabled/Referred
Prayers and Meditations, Slogans and Affirmations

Right now, I am safe and I am loved.  Choose Kindness.

Higher power, I understand that you make your voice heard in a group conscience. I ask you to remind me that the life of my program and therefore, my own recovery depends upon my willingness to put the group’s welfare above my own will. Where I disagree with the common view of my fellow in service, allow me to state my case honestly and respectfully. Allow me to listen to and consider the views of others. May I state my view and support all group decisions, including the ones I might disagree with.

Your will, not mine, be done.  Tradition 2, Meditation BRB 502

Principles before personalities  Tackle the problem not the person.

...may we find the spirit of cooperation and a willingness to seek help from the ACA service structure.

BRB 512 Tradition 4

Tone matters.  Sometimes it’s not what you say, it’s how you say it.

When people are on the defensive they are less likely to take your view.

Higher power, help me to remember that ACA and it’s service structure are different than my family of origin. May I be patient and avoid reaching for the easiest way out when I am confronted with a difficult situation. Help me and my ACA group ask for help in keeping our meeting safe and recovery oriented. Also help us celebrate the things we do right.  Tradition 9, BRB p537

Made a decision to turn our will and our lives over to the care of God...  BRB 138 Step 3

May I avoid speaking out of turn or using my ego to share...  BRB 548 Tradition 11

Help me remember that ACA is a spiritual program...  BRB 541 Tradition 10

Show Compassion  CHECK YOUR MOTIVE  Let Go and Let God

God I am willing to surrender my fears and to place my will and my life in your care one day at a time. Grant me the wisdom to know the difference between the things I can and cannot change. Help me to remember that I can ask for help. I am not alone. Amen. Third Step Prayer BRB 149

Change is a process not an event.  PROGRESS NOT PERFECTON

We are responsible for the effort not the outcome.

Higher Power. Remind me that the direction of our program comes from the ACA members and the group. Remind me that we must make our own decisions. ... Grant us the wisdom to make the best decisions for our groups, service structure and our fellowship as a whole.  BRB 531 Tradition 8

HOW: Honesty, Open-mindedness, Willingness  GOD: Good Orderly Direction
Best Practices

The Delegate Training Subcommittee has put together questions and suggestions to consider:

• How do I keep my adult present to the business at hand if I find myself reacting to a situation or comment?

• What’s coming up for me over the course of this conference?

Included in the beginning of this Delegates Information section you will find with the Twelve Traditions their corresponding meditations. It is suggested to review the meditations if feeling emotionally unsettled. The Suggested Commitment to Service (BRB p.601) is another valuable resource we have included there.

Sharing at Business Meetings (BRB 596)

Because our program focus is on recovery, ACA members occasionally attend business meetings to share their feelings without addressing the issues for discussion. While feelings are an important part of our recovery, we have found that it is best to share on the business at hand because of the limited time that most business meetings operate under. At business meetings, we ask questions, listen, and think about our response before speaking.

That said, ACA business meetings are not without emotion. Some ACA members speak with feelings and compassion while staying on the topic and without acting inappropriately in the meeting.

We ask that children not be brought to a business meeting so that disruptions can be avoided. This is true for our Inner Children because they, too, need attention and are equally disruptive in meetings. If a person is at a business meeting and realizes he or she has not negotiated a settlement to keep the Inner Child from misbehaving at the meeting, then that person needs to excuse himself or herself from the meeting to negotiate or renegotiate with the Inner Child. By taking care of our Inner Child, we are better able to participate in group business.

The chairperson of the business meeting can ask individuals who act out to leave unless they can conduct themselves in accordance with the rules of order, discuss only the business at hand, and accept the group conscience processes, deliberations, and decisions gracefully.

Tradition Nine (BRB 535)

We must avoid our misguided attempt to recreate our dysfunctional family system through the ACA group. Angry or disruptive members are usually acting out their family role, unknowingly reconstructing their dysfunctional family setting. Some of us can relate to this claim. We realized that our disruptive behavior allowed us to blame the group. We could avoid working on ourselves by blaming group members for imagined wrongs and slights. The tolerance we found in ACA allowed many of us to change. Experience shows that groups have met these situations without forming special committees. The groups have used common sense and assertiveness to handle each situation.
DTSC ABC 2020 Survey

This survey will be sent to all registered delegates via Mailchimp. We have included here for archival purposes of the 2020 binder and so that you may have these questions for reference as you are in attendance.

The information you provide in this survey will help us to better prepare future ABC Delegates and better serve the ACA worldwide membership. Please circle your response unless otherwise directed.

1. Have you been a Delegate at a previous ABC?  Yes / No
   If yes, when?  [List each conference year, and whether you represented a Meeting, Intergroup or Region]

2. Based on information you have received through Delegate training and otherwise, how prepared were you to be a Delegate?
   - Well prepared
   - Comfortable
   - I knew where to go for answers
   - Confused

3. How familiar were you with the following prior to becoming a Delegate:
   a. The Traditions:  Not at all  Somewhat Familiar  Familiar  Very Familiar
   b. The 12 Concepts: Not at all  Somewhat Familiar  Familiar  Very Familiar
   c. The Suggested Commitment to Service:  Not at all  Somewhat Familiar  Familiar  Very Familiar

4. Which of the Delegate Training sessions and/or resources did you attend/utilize?
   - ZOOM Delegate Training / Online Delegate Training documents?/ ABC On-Site Training

5. Please rate the Delegate Training Subcommittee services and resources with 5 being most satisfied:  1  2  3  4  5

6. Which resources did you find most helpful and why?

7. Did you have familiarity with Robert’s Rules of Order prior to attending the ABC?  Yes / No
   If yes, were the modifications made for this year’s ABC logical and helpful, and why?

8. How did you become aware of the services and trainings available for Delegates?  Intergroup / Slack / Emails / The Traveler / ACAWSO.org / ABC Convention website / Other______________________________________________

9. What changes do you suggest for any of the resources that have been available?
10. We have received feedback that the resources provided by the DTSC have also been helpful for group level business meetings. Would you consider them helpful to members new to service at group level? Yes / No  What information is most needed?

11. Which of the following types of services would your Group benefit from?
   The 12 Concepts Training   The 12 Traditions Training   Conducting a business meeting
   Other (please specify)____________________________________

12. If you were able to attend the Delegate Meet and Greet on Wednesday night, would you recommend it to other Delegates in the future? Can you suggest ideas or activities for future Meet and Greets?
13. Other comments:

If you would you consider working with the DTSC on future trainings, please email us at dtsc@acawso.org

Thank you for taking the time to fill out this survey!