



LEARN A 4-STEP PROCESS YOU CAN USE ON
YOUR OWN, ONE-ON-ONE, AND IN GROUPS

REPARARENTING CHECK-IN ONLINE WORKSHOP

Learn and practice a simple reparenting check-in you can use when triggered or just to connect with your inner world. Some interactivity and time for questions. **This new tool from the Loving Parent Guidebook, coming later this year, is being offered to support ACA members during these challenging times.** Facilitated by Bonnie M.

**CHOOSE THE DATE & TIME THAT BEST SUITS YOU (IT
WILL BE THE SAME WORKSHOP EACH TIME):**

THURSDAY, APRIL 16: 8PM EDT

SATURDAY, APRIL 18: 8AM & 10AM EDT

FRIDAY, MAY 8: 2PM & 4PM EDT

DURATION: 60 MINUTES

To register: <https://acawso.org/category/loving-parent-guidebook/>



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