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Forward the Traveler to a Friend

May 2020

ACA WSO Distribution Center Reopens

Books Are Available

The ACA Distribution Center, which briefly was closed due to the coronavirus emergency, has been permitted to reopen by Los Angeles County health authorities. All book sales, including those involving the intergroup discount program, are available again. ACA's Amazon book channel also remains open.

To purchase ACA literature from the Distribution Center, visit www.adultchildren.org, and click on the "Buy ACA Literature" button.

WSO News

Service Network Committee

As you may know, the Service Network Committee is working on a draft ACA Service Manual for the Fellowship. Our manual will include a section on conducting business meetings. At this time, we invite you to submit your ideas and experience related to when and how you hold business meetings in your groups.

Do you meet regularly? Monthly? Quarterly? Only when an issue arises?

How do you communicate to your members that a business meeting will be held? Announce it at meetings? Send out an email blast?

Is the agenda set ahead of time? Is it provided to members in advance of the business meeting? Do you solicit agenda items from your members?

If thinking about this topic sparks your imagination and interest, maybe the Service Network Committee is the place for you! Contact us to get involved: svc@acawso.org

Please Join the ACA Diversity Ad Hoc Committee

Are you interested in Diversity, Inclusiveness and Accessibility for ACA meetings and Service?

WSO has a new committee that is discussing these ideas. Please join us. We meet monthly on the first Friday of the month at 2PM Eastern. And are on WSO Slack. Email secreatry@adultchildren.org for more information.

Literature Volunteer Open House on May 16

Support the future of ACA literature. The Literature Committee is seeking volunteers to help us review proposals for new trifold, books, and other new ACA literature. Other volunteer opportunities also will be discussed at a virtual open house on May 16, 2020, 1:30-2:30 pm Eastern US time. Please join us to learn more.

All readers with in an interest in ACA literature are welcome. Experience in editing, writing, design, and graphics all are valuable, but not necessary.

Literature volunteers need access to a computer with internet service.

To learn more, contact litchair@acawso.org.

Zoom link: <https://zoom.us/j/677639237>

Dial by your location

+1 929 205 6099 US (New York)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US

+1 301 715 8592 US

+1 346 248 7799 US (Houston)

Meeting ID: 677 639 237

Find your local number: <https://zoom.us/u/abCdNscMZK>

Member Service Committee

The Members Outreach Subcommittee focuses on connecting and supporting meetings and members, thereby helping WSO meet the needs of the fellowship in North America. Do you have ideas/ suggestions/ specific needs in order to connect and support your ACA meeting and fellow members with other ACA meetings and members? If so, please share your ideas, suggestions, needs, on our Slack channel [#msc_members_subcm](#) .

If you are interested in donating your time to focus on connecting and supporting ACA meetings and members, in any capacity, or would like more information about this subcommittee, please send an email to members@adultchildren.org

The North East US Region of ACA now has a website!

Please come find out more about our Region, including our Region monthly meeting info, listings of meetings that have adapted to go online during coronavirus, Best Practices, etc. You can even make 7th tradition contributions to the Region directly through the website.

Come visit us online on neusaca.org!

Tent Card Addressing Predatory Behavior is Available

A new Addressing Predatory Behavior Tent Card, intended to safeguard meeting safety, is available on the [Free Literature page](#), just below the Trifolds. Groups are encouraged to post this card in meetings, and to provide feedback on its effectiveness in protecting individuals and meetings from predatory behavior.

Fellowship feedback about the Tent Card is sought on or before November 30, 2020. Comments should be sent to liteval@acawso.org. Additional details about this project are available in this [fellowship announcement letter](#).

Address Notice

Please send all US postal communications and 7th tradition contributions to ACA WSO at PO Box 811 Lakewood, CA 90714.

Featured Meetings & Events

20-week Step Study Starts Again

Begins 4/15 7 PM EST

NEW DATE moved from Tuesday 9 pm to Wednesday at 7PM

Directed Step Study

20-week step-study. We go through all the questions in the Yellow Step Workbook.

This is an Online video conference meeting (WEB0078). The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 7:00 PM Eastern time (ET). Go to the meeting listing for information.

<https://adultchildren.org/meeting-details/?meeting=4898>

Ready Set GO!!

6 online/phone meetings starting Thursday May 7th at 9am ET.

[Click Here for Detailed Info](#)

Reparenting Check-in Online Workshop

Sponsored by the WSO Literature & IT committees, and the Global subcommittee

In this time of uncertainty, reparenting can help us be in the solution of becoming our own loving parent. This skill-building workshop will help you learn and practice a simple reparenting check-in you can use when triggered or just to connect with your inner children. Workshop includes PowerPoint presentation, interactivity, and time for questions. This new tool from the Loving Parent Guidebook (coming out later this year) is being offered to support ACA members during these challenging times. Facilitated by Bonnie M., Chair of the Loving Parent Guidebook subcommittee.

Sponsored by the WSO Literature, IT and Global Committees. Offered on Zoom, a video conferencing platform that allows for participation via the internet or phone. You do not need a Zoom account to join the call.

Choose the date & Time that best suits you (it will be the same workshop, this is not a series):

Friday, May 8: 2pm EDT

Friday, May 8: 4pm EDT

Duration: 60 minutes

You can use this 4-step process on your own, one-on-one, and in groups. To register visit: <https://acawso.org/category/loving-parent-guidebook/>

MOTHER'S DAY 22 HOUR ACA MARATHON

Sunday, May 10, 2020

Everyone is invited to join the ACA Holiday Marathon on Sunday May 10, 2020, beginning at 5am Eastern Time until Monday, May 11, 3am Eastern Time.

A great way to GIVE and GET support! The call in number is (712) 432-8808, Access Code 247676#. Interested in service? Moderators, Back-Up Moderators and Timekeepers are needed. Its easy to do even if it's your first time. Meeting Format will be emailed to you with Moderator's Code. There is an optional one-hour informational meeting offered on Saturday, May 2, at 1pm Eastern Time.

For the Sign-Up Link to do service please text or call Luella at (708) 638-3371.

For the Meeting Format, please email Claire at clarafromchicago@aol.com

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday, of each month, using Zoom, at 2pm Eastern Time. For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](#).

7th Tradition

ACA WSO is grateful for your contributions that help us do that vital work. Check out our flyer titled "[Where the Money Goes](#)" to see how we utilize your contributions to carry the ACA message around the world. Please consider making a monetary contribution to help the next ACA receive the gift of recovery.

The WSO has recently set up a Venmo account to make it easier for members at virtual meetings to send electronic contributions. In the Venmo app, members can make a contribution to @acawso. WSO appreciates all contributions no matter the size.

Contributions can be made [online](#), by calling at 562-595-7831, or by mail payable to ACA WSO, PO Box 811 Lakewood, CA 90714

Twelve Concepts of Service - Concept #5

"Throughout our structure, a Right of Petition prevails, thus assuring us that minority opinion will be heard and that petitions for the redress of grievances will be carefully considered."

[12 Concepts of Service here.](#)

ComLINE

Adult Children Sharing Experience, Strength, and Hope

The ComLINE is a quarterly publication from ACA WSO where members from throughout the fellowship share their experience, strength, and hope on the 12 Steps, Traditions and Promises. [View current and back issues here.](#)

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

Traveler Submissions

The Traveler Newsletter is an email publication, scheduled to be released at the beginning of

each month, which highlights ACA service news and events. If your service committee, intergroup, region, or group would like to submit news to The Traveler, please visit [The Traveler](#) page for more details.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit:

www.adultchildren.org



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