



A Powerful Recovery Panel Presentation Discussion

Setting + Keeping Healthy Boundaries

July 11, 2020

5:00 pm – 6:30 pm

Boundaries are an essential recovery tool. They remove chaos and help bring clarity, sanity, and spiritual freedom. This presentation will give insight and experience and teach how we can use the available ACA resources to stay on the road to setting healthy and safe boundaries

Please submit any challenges you have with setting and keeping boundaries to info@ct-aca.org. These will be shared anonymously and helpful feedback will be given.

Join Zoom Meeting

<https://us02web.zoom.us/j/87396276033?pwd=aWpuekV2SUIwQURwcHdJSGU5NGo2Zz09>

Meeting ID: 873 9627 6033

Password: 141977

Upcoming Events via Zoom - Save the Date:

7/25/2020 Healthy Meetings = Strong Recovery

8/8/2020 Partners in Recovery



Brought to you in partnership with the Connecticut Intergroup and the ACA World Service Organization.