



MARCH 19 & 20, 2021

**Join us via ZOOM for our
2021 virtual conference!**

- FRIDAY:**
- Welcome Ice Breaker
 - Opening Speaker:
Al-Anon speaker Sarah G. Durham, NC
 - Entertainment!
- SATURDAY:**
- **AA Speaker:** Rob B. Madison Heights, MI
 - **20 Different Workshops** to choose from
There will be something for everyone!

No charge, but donations gladly accepted to raise money for TWC conference 2022!! To donate, Text TWC to **44321**

REGISTER TODAY!

Sign up to host a workshop and/or to see workshops available at www.twcdetroit.com



MARCH 19, 2021

7:00 PM - ZoomRoom opens

7:30 AM – 8:00 PM - Ice Breaker

8:00 PM - Opening and Al-Anon Speaker:
Sarah G. Durham, NC

9:30 PM - Drag Queen Trivia!

MARCH 20, 2021

7:30 AM – 8:30 AM

1. Yoga
2. Morning Meditation

9:00 AM – 10:00 AM

1. AA - Finding Your Lighthouse (Higher Power) In the Fog
2. Al-Anon - Faith Don't Fear the Ominous Clouds
3. Recovery - Finding Gratitude: Dancing In the Rain
4. ACA – Healing Your Past: Building Your Own Lifeboat

10:30 AM – 11:30 AM

1. AA - Don't Forecast The Weather: Be In the Moment
2. Al-Anon - Self Care: Using Your Program To Thrive During The Storm
3. Recovery - Guided Meditation (or Financial Insecurities: Avoid the Mudslide)
4. CODA – How To Feel More Connected (Zoom, Sponsorship, Meetings): The **We** Of the Program

All events and workshops are online.

Please register at www.twcdetroit.com and Zoom information will be shared as it becomes available.

MARCH 20 (CONTINUED)

11:30 AM – 12:30 PM - Meet Virtually for Lunch in the Hospitality Suite

12:30 PM – 1:30 PM

1. AA - Anxiety: High Pressure – Depression: Low Pressure
2. Al-Anon - Tools of the Al-Anon Program: Preparing for Inclement Weather
3. Recovery - H.A.L.T.: Weathering The Storm
4. SAA – Picking Up the Pieces

2:00 PM – 3:00 PM

1. AA - Relapse: When the Storm Knocks You Down
2. Al-Anon - Spiritual Fences: Boundaries
3. Recovery - How To Get Out of Isolation: Digging Out From the Blizzard
4. CMA – After the Tornado Hits

3:30 PM – 4:30 PM

1. AA - Promises: The Rainbow After the Storm
2. Al-Anon - Finding Serenity In A Pandemic
3. Recovery - Climate Change: The New Normal In Recovery
4. NA – The Loner, Staying Clean In Isolation (Pamphlet)

8:00 PM - Open Talk AA Speaker:
Rob B. Madison Heights, MI