

# The Loving Parent Guidebook

*The Solution is to become  
your own loving parent*



©2021 Adult Children of Alcoholics®/Dysfunctional Families World Services Organization, Inc.  
*This publication is under fellowship review. Fellowship comments are invited.*

Coming in June 2021

Print\* & Kindle eBook  
available for preorder at  
the Annual World  
Convention May 1-2

\*Within the U.S. The European Committee and Global Members Committee are working together with WSO for the International Launch.

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# WHAT'S INSIDE

This 234-page spiral-bound workbook is structured to help you access the love inside you and grow the awareness and skills you need to become your own loving parent:

- In Chapters 1-9, *Laying a Foundation for Reparenting*, you will awaken your loving parent, and identify and connect with your inner family.
- Chapters 10-16, *Deepening Your Reparenting Skills*, help you grow your reparenting skills to protect, nurture, support, and guide your inner family.
- In Chapters 17-21, *Nurturing a Loving Inner Home*, you'll connect more deeply with your inner family to build a loving inner home.
- Chapter 22, *Reparenting as a Way of Life*, concludes the book with an example of how to approach reparenting as a way of life.

This guide includes many fellowship shares about reparenting and inner child work. To help you integrate reparenting into your daily life, the guide also includes:

- Sample loving parent messages.
- Exercises, questions for reflection, and guided practices.
- Sample meeting scripts.
- Images by *The Loving Parent Guidebook* artist team that you can color.
- A link for additional reparenting resources.

This guidebook is excellent! All ACA literature is important in adult child recovery. However, this may become the most important single piece of our literature suite.

-Greg R. Chair, Lit Strategic Planning  
Committee and Lit Eval Co-Chair Elect

*THE LOVING PARENT GUIDEBOOK*  
DEVELOPMENT PROCESS

**This guidebook will be published soon in Fellowship Review Mode. Over 50 volunteers worked on the LPG from 2017-2021 as editors, reviewers, readers, and writers.**

# THE LPG IS IN FELLOWSHIP REVIEW MODE



Once a submission passes the WSO Literature Committee's multi-step evaluation process, it moves to the Board for print approval.

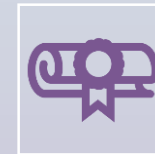


It is then published in "Fellowship Review Mode."



During the next one to three years the LPG will be in fellowship review mode.

*The LPG is here*



Members use the literature and offer feedback through an online form. The Literature Committee reviews and incorporates feedback through



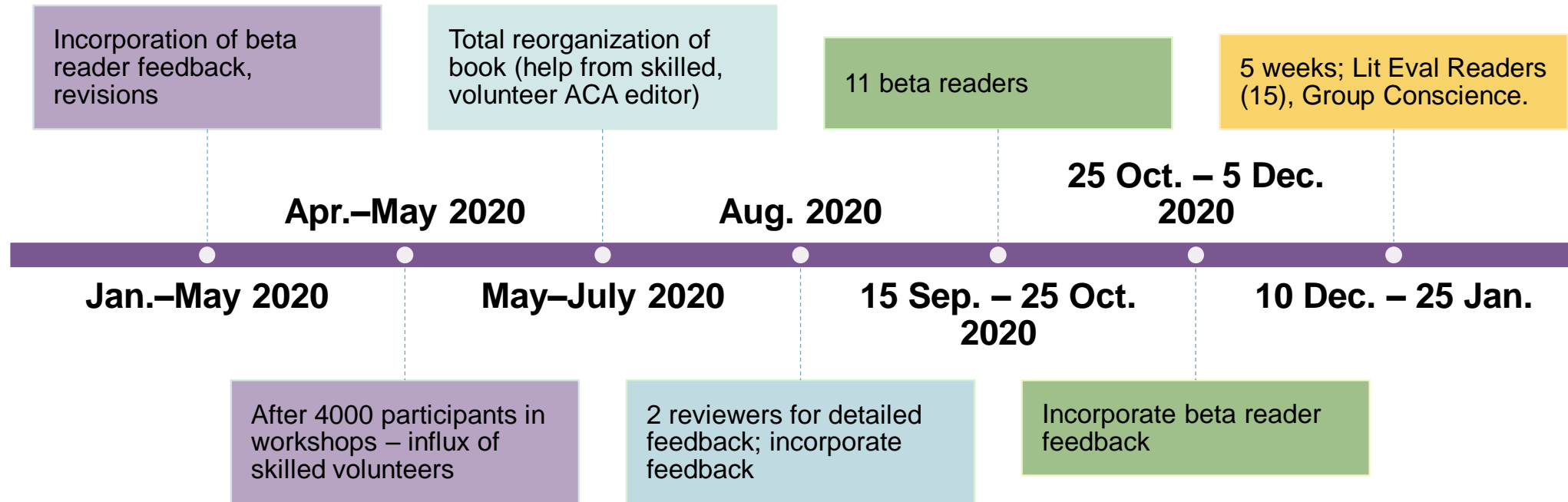
The Literature Committee Submits the literature to the Board, then Annual Business Conference (ABC) for designation as

# LPG DEVELOPMENT PROCESS 2017-2019

## 17 VOLUNTEERS/READERS



# DEVELOPMENT- 2020 OVER 33 VOLUNTEERS/READERS





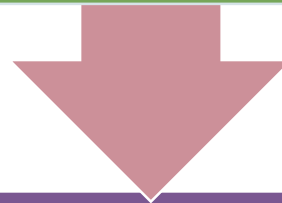
# LIT EVAL RECOMMENDATION

3 options for projects conceptually approved by an ABC:

Recommend contingent on specified changes

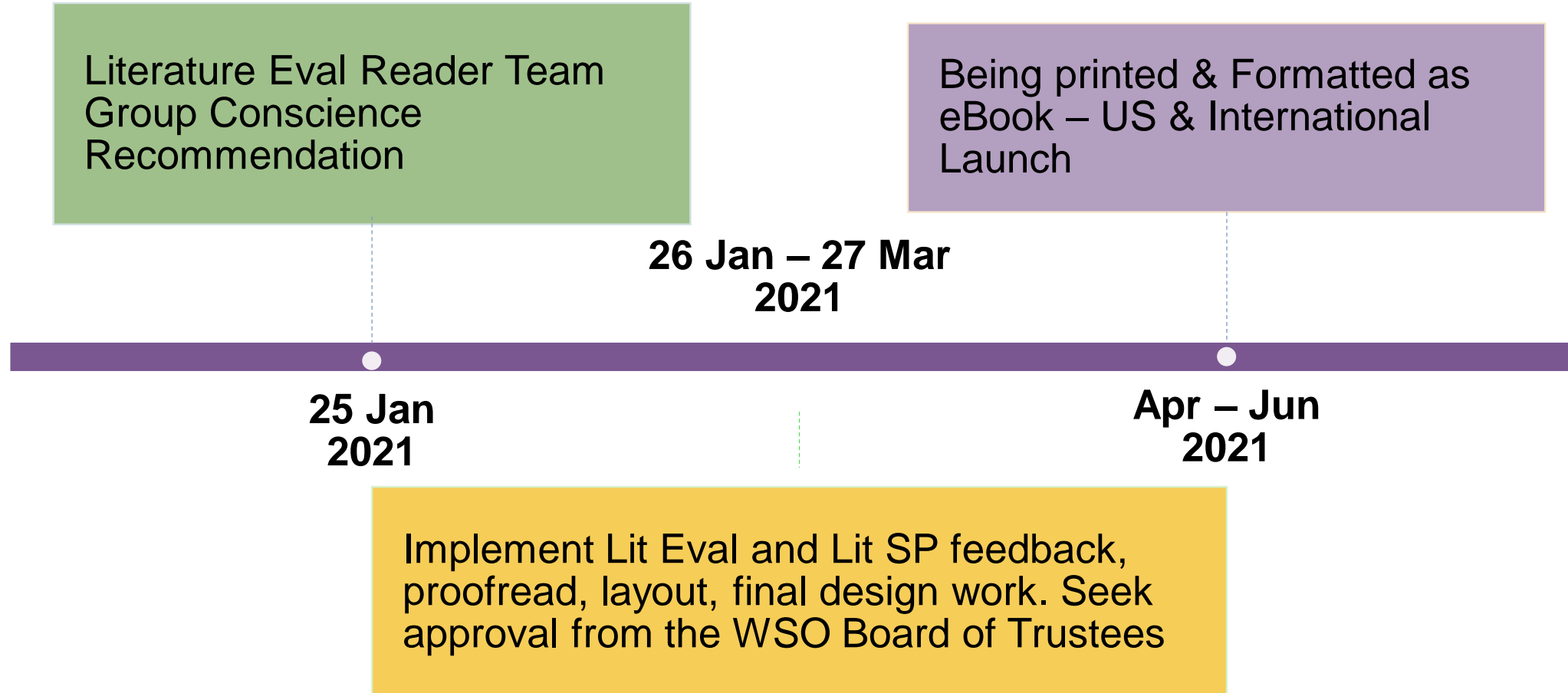
Recommend

Recommend for further development and re-evaluation



*The Loving Parent Guidebook* received a full group conscience recommendation of **RECOMMEND**  
from 2 reader teams (15 readers total)

# DEVELOPMENT- 2021 OVER 9 VOLUNTEERS



# LITERATURE EVALUATION SUBCOMMITTEE CONCLUSION

Our group conscience effort recommends a HIGH PRIORITY in releasing the LPG to begin testing and capturing fellowship-wide feedback.

-Literature Evaluation Reader Team Group  
Conscience for *The Loving Parent Guidebook*

The *Loving Parent Guidebook* will be available to pre-order in May 2021.