



# Ready Set GO!!

(ACA Conference Approved Literature)

Closed ACA **“100 participants only”** ZOOM Meeting  
May 4, 2021 at 6:30 pm ET (room will open at 6:15 pm Eastern Time)

Introducing the ACA program, the ACA 12 Steps

And the RSG Inner Child Workshop **\*\*Screen Sharing Will be Used\*\***

May 4, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 1:	Steps 1-3: Giving up
May 11, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 2:	Steps 4-5: Fessing up
May 18, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 3	Steps 6-9: Cleaning up
May 25, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 4	Steps 10 -12: Stepping up
June 1, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 5:	Part I Inner Child Workshop
June 8, 2021	via Zoom at 6:30 – 8:30 pm Eastern Time - Week 6	Part II Inner Child Workshop

Join Zoom Meeting

<https://us02web.zoom.us/j/88430405161?pwd=M1c3SkZhY0J3dE8vZTFJVms3emlFdz09>

Meeting ID: 884 3040 5161	Dial by your location
Passcode: ACA-RSG	+1 929 436 2866 US (New York)
One tap mobile	+1 301 715 8592 US (Washington D.C)
+19294362866,,88430405161#,,,,*4630917# US (New York)	+1 312 626 6799 US (Chicago)
+13017158592,,88430405161#,,,,*4630917# US (Washington D.C)	+1 669 900 6833 US (San Jose)
	+1 253 215 8782 US (Tacoma)
	+1 346 248 7799 US (Houston)
	Meeting ID: 884 3040 5161
	Passcode: 4630917
	Find your local number: <a href="https://us02web.zoom.us/u/kOcP2PAGV">https://us02web.zoom.us/u/kOcP2PAGV</a>

**BEFORE ATTENDING READY SET GO!! MEETINGS PLEASE READ THE NEXT PAGE VERY CAREFULLY**

For Questions Email: [ReadySetGo.PA19@gmail.com](mailto:ReadySetGo.PA19@gmail.com)

## WELCOME TO ACA READY SET GO!! INTRODUCTORY MEETINGS

Ready Set GO!! is an introduction for ACA newcomers to gain clarity and understanding while becoming acquainted with the ACA program, the ACA 12 Steps and the Inner Child in 6 weeks. RSG also supports the experienced member. Ready Set GO!! prepares members for when they will feel ready to go through the ACA 12 Step Workbook. Please do not convert RSG material into a docx or word document.

**PLEASE NOTE:** "Ready Set GO!!" is moving into final phases for publication as ACA WSO Conference-Approved Literature. Copy For ACA Use Only. ROUGH DRAFT.  
Comments: [litstaff@adultchildren.org](mailto:litstaff@adultchildren.org)

### Suggestions Before Attending RSG meetings:

- Attend 2 regular ACA meetings (face to face, online, or phone)
- View presentation by Charlie H "The Steps and our Inner Child"
- <https://acawso.org/wp-content/uploads/2020/04/AWC-Charlie-Converted.PowerPoint-4.25.20.pdf>
- Read The Laundry List, The Problem, The 12 Steps, The 12 Traditions, The Solution and The Promises on your own the day of your Ready Set GO!! meeting.
- View and listen to the RSG DVD presentation runs 46 mins. Copy and paste this link:  
<https://www.dropbox.com/s/8248i1uwyf1rmp1/Final%20RSG%20DVD%2012%3A12%3A2018A.m4v?dl=0>
- View the original RSG Rough Draft, Full Version at West Great Lakes ACA Intergroup's website: [westgreatlakesaca.org](http://westgreatlakesaca.org) - Go to RSG Material

### To receive your original RSG MATERIAL of the following: 1 m4a and 14 PDFs: Email: Margaret H: [readyssetgo.pa19@gmail.com](mailto:readyssetgo.pa19@gmail.com)

- "Awakening My Little One" RSG's music, 1 M4A and 14 pdfs:
- Note RSG, ➤ RSG Trifold,
- RSG Addressing Predatory Behavior,
- 2 RSG flyers/invites via Zoom,
- RSG Small Group Sharing Guidelines, ➤ RSG Safety Maintenance,
- RSG Sharing Partners/Outreach Signup List Guidelines, ➤ Weeks 1- 6 of the original RSG material (scripts) for participants for our 6 consecutive meetings/workshops. The original 6 Weekly scripts/ formats for participants for our 6 meetings/workshops.

- RSG Sharing Partners/Outreach Signup List Guidelines will be discussed after the closing.
- **If you choose to lead a RSG meeting please contact Margaret or Toni for service sheets & additional info.**
- **Q & A email Margaret at [ReadySetGo.PA19@gmail.com](mailto:ReadySetGo.PA19@gmail.com) or Toni at [attoni5617@comcast.net](mailto:attoni5617@comcast.net).**