Let's Flip It!

Drama Triangle



Emotional Sobriety

Dear Fellow World Traveler,

You are invited to join the ACA - Let's Flip It! - Workshop

based on The Laundry Lists Workbook, together finding our way out of the drama triangle into Emotional Sobriety.

Save the date: 16th February 2021, from 7pm CET - 6pm UK - 1pm EDT - 10am PDT (120mins)

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZ0lcuChqz0iHNDnydRAjXEt6sNhjKibzfy1

After registering, you will receive a confirmation email containing information about joining the meeting.