

Happy Birthday ACA!



45 years ago in January the first ACA meeting was held. In celebration of this wonderful event ACA WSO humbly asks all members, groups, and intergroups to make a contribution of \$7 (or more) for the 7th Tradition. In honor of ACA's 45th birthday, which is celebrated the last weekend in January all donation designated as "7 for the 7th" will be counted separately. Let's make this the best month ever for ACA! If you are looking to make an end of the year charitable contribution, ACA WSO could use the support.

To find out why your contribution is so important, please see this letter from WSO's Finance Committee. [You can click here for more information.](#) You also can see the 7th Tradition section further down in this newsletter for various ways to contribute.

Have You Ever Considered Becoming A Board Member?

Have you ever considered becoming a Board member? The Nominating Committee is currently accepting applications. If you're interested, see our webpage and please contact us for more information. The deadline for this quarter is 1/30/2023. We welcome everyone to apply!

For more information: <https://acawso.org/category/nominating-committee/>

The Nominating Committee Is Seeking 3 More Members

The Nominating Committee is seeking 3 more members to complete our 5 seats. We welcome everyone! If you're interested, please contact us for more information. The deadline for accepting applications for this quarter is 1/30/2023.

For more information: <https://acawso.org/category/nominating-committee/>

Summary of ABC Ballot Proposals

For a summary of the ABC ballot proposals voted on at our recent ABC, see an article in the ComLine. <https://adultchildren.org/comline/fellowship-news/2022-abc-results/>

Calling All ACAs Seeking Service Opportunities

Calling all ACA members seeking service opportunities! Three WSO committees are looking for a few someones to read and answer incoming emails -

Volunteers Needed At The World Service Office

Calling all Southern California ACA members! Your World Service Office needs volunteers to help carry the ACA message. If you would like to donate an hour or more of time (between 8am and 4pm M-F Pacific Time) and live in the Signal Hill/Long Beach, California area or will be visiting the area, please contact us at info@acawso.org or fill out the form at <https://acawso.org/service>.

Volunteers Needed For Emails and Calls

ACA is seeking volunteers to assist with email and phone calls, please contact us at info@acawso.org or fill out the form at <https://acawso.org/service> and indicate this information in your submittal.

NEW EBOOK! The Laundry Lists Workbook Is Now Available

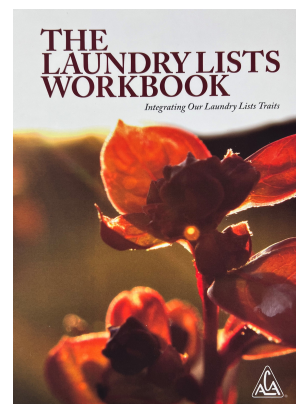
WSO announces **The Laundry Lists Workbook eBook** is now available. It is for sale on Kindle & Apple Books for \$9.99 USD at the links below. A Barnes & Noble Nook eBook version is also available.

Amazon Kindle

<https://www.amazon.com/Laundry-Lists-Workbook-personality-dysfunctional-ebook/dp/B0BKYSKBPZ>

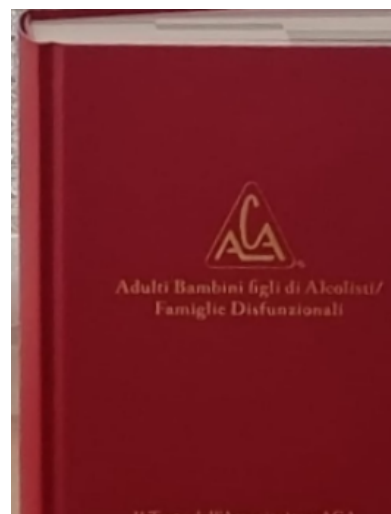
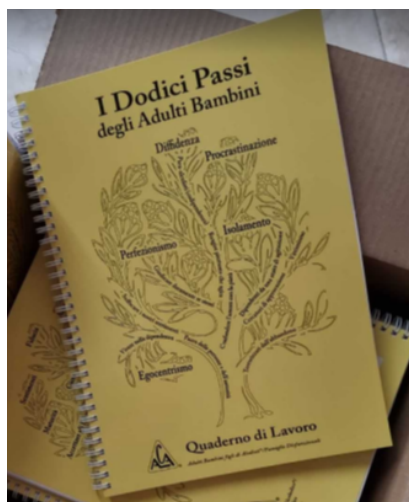
Apple Books

<https://books.apple.com/us/book/the-laundry-lists-workbook/id6444091726?ls=1>



Italian Intergroup Receives Their BRB and YWB!!

The Italian ACA Fellowship received their newly printed Italian BRB and YWB in mid-November just in time for their national convention. The members were very grateful to finally have books that their inner child can understand in its own language. It was the culmination of a 2 year project which the Italy members and WSO both invested considerable time and resources into completing.



The Loving Parent Guidebook

The Loving Parent Guidebook (LPG) has been out for a year! Over 28,400 have been sold worldwide and 160+ meetings use the guidebook. We'd love

your feedback on using the LPG at <http://litreview.adultchildren.org>. Click for more guidebook news and tips.
For more information: <https://acawso.org/2022/08/17/one-year-update-the-loving-parent-guidebook/>

Literature In Development

Literature in Development is compiling a revised list of Affirmations. If you would like to join the working group, or send in your favorite Affirmation, please contact litchair@acawso.org. We meet the last Saturday of the month at 12 noon Eastern.

To Our International Fellowship

To our international fellowship: please consider becoming a reader for new literature being evaluated in Literature Evaluation. We particularly welcome readers for whom English is not a primary language. Please contact litchair@acawso.org.

Please Submit Comments Or Suggestions

Please submit comments or suggestions about any piece of Literature to <https://acawso.org/feedback-on-existing-literature/>. Comments especially welcome for two documents in Fellowship Review period: Loving Parent Guidebook and Bill of Rights.

ComLine Has A New Feature

The ACA newsletter-blog, ComLine, has a new feature! You can email an article to a friend. Please help us spread the word by reading and forwarding articles! <https://adultchildren.org/literature/comline/>.

New Product Alert: Booklet Kit

A new item called "Booklet Kit" has been added to your shop.adultchildren.org webstore. It includes 1 each of the popular ACA Booklets.

The set being sold for \$6.50 consists of 1 each of the Newcomer, Cross Talk, Identity Papers, and Good Enough Group booklets. If purchased separately these would cost \$8 plus tax. This represents a savings of 20% compared to purchasing the items individually!

Click on the image to go to the booklet kit webstore link.



Enhanced Meeting Search Page

The IT committee is pleased to announce that an enhanced meeting search page has been released. To find out about how to take advantage of the new features read our [updated meeting search article](#)

Treasurer's Corner

ACA WSO Needs Your 7th Tradition Support

ACA WSO is growing rapidly as Adult Children from around the world begin to experience recovery with literature made available by WSO. Some are receiving books in their own languages for the first time!

Please help our fellowship continue to grow by going here and contributing today:

<https://adultchildren.org/7th-tradition/>

[Click Here](#) to read the Monthly Treasurer Report. The latest report displayed is usually two months before the current month.

7th Tradition Contributions And Donations Processes Survey

If your ACA group or meeting is online or by telephone, please complete this survey about 7th Tradition contributions and donation processes. We will summarize the information we collect into a report to share with other ACA groups.

[7th Tradition Survey for Virtual Meetings\(Online or Telephone ONLY\)](#)

Fill out this form.

Where the Money Goes

The flyer titled "[Where the Money Goes](#)" shows how we utilize your contributions to carry the ACA message around the world. Please consider making a monetary contribution to help the next ACA receive the gift of recovery.

Contributions can be made using any of the following options: credit/debit card, Apple Pay, Google Pay, PayPal, Venmo, and check. <https://adultchildren.org/7th-tradition/>

Featured Meetings & Events

Tradition 12 Workshop

Join us for A Guide to the 12 Traditions: Tradition Twelve, Saturday, December 17th, at 12pm ET, for sharing and discussion on how principles before personalities not only keeps our fellowship safe but how the anonymity of our 12 Traditions aids personal recovery.

Due to the holidays it will be held on the 3rd Saturday this month. Contact: traditions@acawso.org

Ready Set Go!! Series

Ready Set GO!! is a 6-week introductory program of the ACA program, the ACA 12 Steps and an introductory Inner Child Workshop “Awakening My Little One”.

2022 Morning Series Dates:

Tuesdays

9:00am CT, 10am ET, 7:00am PT, 8:00am MT

Nov 15, 22, 29, Dec 6, 13, 20

Jan 3, 10, 17, 24, 31, 2023, Feb 7, 2023

<https://acawso.org/calendar/ready-set-go-morning-series-10/2022-12-06/>

2022 Evening Series Dates:

Thursdays

7:00pm CT, 8:00pm ET, 5:00pm PT, 6:00pm MT

Nov 17, Wed 23, Dec 1, 8, 15, 22

Jan 5, 12, 19, 26, Feb 2023

<https://acawso.org/calendar/ready-set-go-evening-series-4/>

Contact:

acatoni5617@comcast.net

readysetgo.pa19@gmail.com

ACOA 2022 Winter Telephone Meeting Marathon

You are invited to strengthen your recovery by Moderating, Back-up Moderating, and Timekeeping.

The Marathon begins Saturday, December 24th, 2022, at 5 am edt and ends Monday, December 26th, 2022 at 3 am edt.

Holidays may be a difficult time for adult children. We encourage you to share this phone meeting with anyone who would like to heal from the effects of alcoholism or family dysfunction.

You may serve in one of two ways:

1. Attend the meeting. The call-in number is 712-432-8808 access code 247676#

2. Share this Marathon meeting phone number and time with other Adult children and please announce it at all appropriate ACOA meetings.

The call-in number is 712-432-8808, access Code 247676#. Interested in service? Moderators, Back-Up Moderators, and Timekeepers are needed.

For the sign up link please text or call 708-638-3371, stepstudyaca18@gmail.com, or serveasmoderator@gmail.com

For a moderator script please email stepstudyaca18@gmail.com.

Please do not hesitate to contact us with any questions.

708-638-3371 stepstudyaca18@gmail.com

303-359-5804 serveasmoderator@gmail.com

Christmas 2022 (Two-Day) ACA Zoom Marathon From MassIG

Christmas 2022 (Two-Day) ACA Zoom Marathon from MassIG

Sat, 12/24 Evening (6pm – 9pm)

Sun, 12/25 All Day (7am – 9pm)

For more information: <https://acawso.org/calendar/christmas-2022-two-day-aca-zoom-marathon-from-massig/2022-12-24/>

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday of each month, using Zoom, at 2pm Eastern time.

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](#).

Meeting List Maintenance

Did you know that ACA has almost 3,000 meetings? We have a team of volunteers that supports the fellowship by managing changes and additions to the list. Email us at meetings@acawso.org if you would like to join our team.

Twelve Concepts of Service - Concept XII

In all its proceedings, Adult Children of Alcoholics World Service Organization shall observe the spirit of the ACA Twelve Traditions, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no WSO action ever be personally punitive or an incitement to public controversy; that though the WSO may act for the service of Adult Children of Alcoholics, it shall never perform any acts of government; and that, like the fellowship of Adult Children of Alcoholics which it serves, the WSO itself will always remain democratic in thought and action.

You can find the [12 Concepts of Service here](#).

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents

or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information

visit: www.adultchildren.org



Copyright © 2023 ACA WSO, All rights reserved.

You are receiving this email because you subscribed on our website. You can unsubscribe at the bottom of this email.

Our mailing address is:

ACA WSO
PO Box 811
Lakewood, CA 90714