# ACA Retreat: It's OK to Ask for HELP!

May 11th through the 14th
At the Seabeck Conference Center, Seabeck, WA

#### WHAT'S NEW?

The registration form is a fillable online entity. Finally!

There will be a notice that you've been invited to fill it out.

Do so, and your information will magically head our way after you hit 'submit'.

### WHAT'S AVAILABLE?

Workshops	Affirmations
Music	Games
Variety Show with singalaong	Beautiful view of the Hood Canal
Art projects	12 step meetings
Fellowship	Fun, fun, fun!

## **WAYS YOU CAN HELP**

Volunteer to do a workshop, lead an activity, lead a family group, or be on the Safety Committee.

## **DID SOMEONE SAY DISCOUNT?**

IF YOUR FULL OR PART TIME REGISTRATION IS IN OUR HANDS BY APRIL 10TH (if you're mailing, a postmark of the 5th should do it) TAKE \$20 OFF THE LISTED PRICE!!!

This doesn't apply for the per day rate of \$75.

**AS ALWAYS** (for now)

If you have questions, contact Dusty 206-858-2905 or through WhatsApp