



Service Wellness 24/7

We are happy to announce the establishment of a space for WSO Volunteers to meet and converse. A communal space, open twice a month - on the 24th and 7th. Thus, 24/7... easily remembered and roughly 2 weeks apart. And the Zoom room will be open twice on those designated days - 12 hours apart, at 9am and 9pm Eastern US - to accommodate the global fellowship.

This new program, Service Wellness, now in trial phase, provides a gentle and respectful space in which all volunteers may find fellowship and service support. Our time together will be generally unstructured. The focus will be on the rewards and challenges of committee work at WSO. The floor will be open to the sharing and camaraderie of the assembled group - ACA members who are in service at WSO. Our goal is support for your continued service.

The program will promote emotional sobriety and healthy functioning within WSO committees, learning from one another's experience, strength and hope. Volunteers could learn to ask for help, while at the same time, learn to have fun in their lives, all while supporting each other.

The Basic Guidelines

- Someone will hold the space, acting as the moderator. They will call on participants to share. • We **may** begin with attendee introductions and a service related reading.
- An introductory script will note the purpose of the gathering and some general guidelines.

As noted on our webpage, <https://acawso.org/vrc/>, the purpose of the Volunteer Resource Committee (VRC) is to:

1. provide guidance and support for the volunteers of WSO, such as developing welcoming and educational materials, and healthy communication and leadership workshops,
2. be a resource for WSO committees with volunteer needs, and
3. promote emotional sobriety and healthy functioning in WSO committees.

The Volunteer Resource Committee will answer questions at, vrc@acawso.org.

Please join us.

Service Wellness

NOTE: The ZOOM Meeting IDs AND Passcodes are ALL DIFFERENT

Here are the links...

9AM - on the 24th of the month:

Beginning Feb 24, 2023
09:00 AM Eastern Time (US and Canada)
Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://zoom.us/meeting/tJwtf-mtrj0tHtcGyOHtu0q4mlz9DEZklqoZ/ics?icsToken=98tyKuCgrjMqH9STtx2ERow-Aoqgc-_ziCFagrdeuwbKKzRGRbRKiO-5Ya5ZaKtPc

Join Zoom Meeting

<https://zoom.us/j/98080506743?pwd=SmhFOVRFaVRCN2xNNzZjN29RZEEExUT09>

Meeting ID: 980 8050 6743

Passcode: 233377

9AM - on the 7th of the month:

Beginning Mar 7, 2023
09:00 AM Eastern Time (US and Canada)
Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://zoom.us/meeting/tJwudumorTorH93qQo2xbrkQu9e0QM8AeuSy/ics?icsToken=98tyKuCgrToqGteUsRyORow-A4j4c_Tztn5cgvoOjS7qUThRcAjHI7tHYoNSSPnV

Join Zoom Meeting

<https://zoom.us/j/98310031159?pwd=RUPOeG9iUGsrVDVTOSTvaDJuRU1aZz09>

Meeting ID: 983 1003 1159

Passcode: 144233

9PM - on the 24th of the month

Beginning Feb 24, 2023
09:00 PM Eastern Time (US and Canada)
Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

<https://zoom.us/meeting/tJcsf-GgrzouHdUDZ-oGCrklttthsSSqpNaL/ics?icsToken=98tyKuCrrzMiEtWUtB6GRowqBYqgWfzzmH5bgqdouCWoDAdwcAj6lvZWOqFMI8nA>

Join Zoom Meeting

<https://zoom.us/j/93188811471?pwd=YW02YmtMVldJektob3BzM094OXI1QT09>

Meeting ID: 931 8881 1471

Passcode: 233377

9PM - on the 7th of the month:

Beginning Mar 7, 2023
09:00 PM Eastern Time (US and Canada)
Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://zoom.us/meeting/tJ0qdeqrqD8iGtS1mCrML1z2SQ_vN9-etwFH/ics?icsToken=98tyKuChqTkpGdKRuBmHRox5B4job-nwpilHjbduzRLGEQ1_MxmkBdN9JJwmXd3E

Join Zoom Meeting

<https://zoom.us/j/99723364800?pwd=dHV1OCs0YTU3c09hbWwvRTBiZEd0QT09>

Meeting ID: 997 2336 4800

Passcode: 144233