




March 2023

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 Forward the Traveler to a Friend

WSO News

7th Tradition Appeal Update

A special appeal message was recently sent by WSO to the contact person for each registered ACA group and intergroup asking for increased 7th Tradition donations. The Finance Committee is pleased to report that donations for February have increased significantly as a result. We express our deep appreciation to all those individual members, groups, intergroups, and regions that have responded so quickly. For more information:

<https://acawso.org/2023/02/28/7th-tradition-appeal-update>

New E-Books!

Here is some exciting news that you may feel free to share. As of January 23, the WSO shop.adultchildren.org web store has the Danish and French BRB available as E-Books! We also have the German YWB E-Book available. This now brings the total number of translated E-Books to 9 available on the WSO site. The E-Books are also available on Amazon and Apple Books. There are 4 Big Red Book E-Books available in Italian, French, Danish, and Japanese. There are also 5 Yellow Workbooks E-Books available in Finnish, German, Italian, Japanese and Russian. Several others are in process so please stay tuned for more upcoming announcements!

How the Literature Committee is Addressing Spiritual Inclusion

To find out about this please read our report on the ComLine blog here.

<https://adultchildren.org/comline/aca-literature-and-spiritual-language/>

Also check out this recent article by a couple of ACA fellow travelers that was published on the ComLine Blog. While you're there, check out some of the other articles, too, and then submit one of your own!

<https://adultchildren.org/comline/aca-toolbox/well-done-thank-you-help/>

Have You Considered Becoming A Board Member?

Consider taking your service and your recovery to the next level and apply to the Board. Application packets are available at <https://acawso.org/category/nominating-committee/> Please contact me with any questions at chairnomcom@acawso.org. We welcome everyone!

The Nominating Committee Is Seeking 3 More Members

The Nominating Committee is seeking 3 more members to complete our committee. An application packet is available at <https://acawso.org/category/nominating-committee/> Feel free to contact me with any questions at chairnomcom@acawso.org. We welcome everyone!

Social Media Update

The social media pilot presented by the General Manager to the delegates of the recent QDM was well received and ended with no objections to test the page after the Q&A. Traditions concerns were alleviated by the fact there will be no personal names used on social media and there are no plans to have members comment on the posts. It will be a one way information distribution from ACA WSO much like our websites and blogs. Here is the link if

you wish to "like" the page:

<https://www.facebook.com/acaworldservice/>

New Guidelines for Contributions

New 7th Tradition contributions guidelines have been adopted by the WSO Board of Trustees and approved by the Conference delegates at their November 12, 2022, meeting. They were finalized at the February 18, 2023 delegates meeting. For more information:

<https://acawso.org/2023/02/28/new-guidelines-for-contributions-by-aca-groups-intergroups-regions/>

Service Wellness 24/7 - A New Program Of Support For WSO Volunteers

Join us on every 7th and 24th of the month - to find clarity, camaraderie and support around your service challenges and accomplishments. For more information:

<https://acawso.org/2023/03/01/service-wellness/>

Volunteers Needed At The World Service Office

Calling all Southern California ACA members! Your World Service Office needs volunteers to help carry the ACA message. We are seeking volunteers to assist with emails, phone calls, labeling books, or creating literature bundles. If you would like to donate an hour or more of time (between 8am and 4pm M-F Pacific Time) and live in the Signal Hill/Long Beach, California area or will be visiting the area, please contact us at info@acawso.org or fill out the form at <https://acawso.org/service>.

The Loving Parent Guidebook

The *Loving Parent Guidebook* (LPG) has been out for about a year and a half! Over 30,000 have been sold worldwide and 160+ meetings use the guidebook. We'd love your feedback on using the LPG at <http://litreview.adultchildren.org>. Click for more guidebook news and tips.

For more information: <https://acawso.org/2022/08/17/one-year-update-the-loving-parent-guidebook/>

Recordings of The Loving Parent Guidebook Guided Practices/Meditations

Call for Submissions: Recordings of *The Loving Parent Guidebook* Guided Practices/Meditations. Help us carry the message by submitting an audio recording; no experience is necessary. Deadline to Submit April 30, 2023.

<https://acawso.org/2023/02/22/call-for-recordings-of-the-loving-parent-guidebook-guided-practices-meditations-no-experience-necessary/#>

Literature In Development

Literature in Development is compiling a revised list of Affirmations. If you would like to join the working group, or send in your favorite Affirmation, please contact litchair@acawso.org. We meet the last Saturday of the month at 12 noon Eastern.

To Our International Fellowship

To our international fellowship: please consider becoming a reader for new literature being evaluated in Literature Evaluation. We particularly welcome readers for whom English is not a primary language. Please contact litchair@acawso.org.

Please Submit Comments Or Suggestions

Please submit comments or suggestions about any piece of Literature to <https://acawso.org/feedback-on-existing-literature/>. Comments especially welcome for two documents in Fellowship Review period: Loving Parent Guidebook and Bill of Rights.

Enhanced Meeting Search Page

The IT committee is pleased to announce that an enhanced meeting search page has been released. To find out about how to take advantage of the new

features read our [updated meeting search article](#)

Treasurer's Corner

7th Tradition Donations

Every ACA group's primary purpose is to carry the message to adult children still suffering, everywhere. Providing translated literature is one of the most important services the World Services Organization (WSO) performs on behalf of ACA groups..

[Click here](#) for more information.

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[Click Here](#) to read the Monthly Treasurer Report. The latest report displayed is usually two months before the current month.

Featured Meetings & Events

Learning To Embrace My Inner Child - Women of Worth Recovery In ACA Quarterly Speaker Meeting

Hear from four different ACA women as they share their journeys to connection with their inner child.

Listen as they share about:

- ❖ How the disconnect with their inner child started
- ❖ How they found ACA
- ❖ How they reconnected with their inner child
- ❖ How they love and care for their inner child today

We hope you can join us to hear these stories of experience, strength and hope.

Please email wowinrecovery@gmail.com for Zoom meeting information.

Weekly Meeting: A New Hope ACA Beginners Meeting

Weekly ACA global “Connections” beginners meeting, on Zoom (WEB0140) at noon, Eastern U.S. We structure meetings around our beginners’ handbook. Welcome/readings in the big group, followed by shares in breakout rooms. All are welcome.

For more information and to access/download the Handbook, please visit <http://ACAhope.com>.

Zoom meeting link: <https://us02web.zoom.us/j/89221782321>

Zoom meeting password: 603201

Monthly Meeting: Mandarin Language Zoom Meeting

ACA Boston Mandarin Meeting

FYI – Two Mandarin Flyers below. One in Chinese (Simplified) and another Chinese (Traditional)

<https://acawso.org/calendar/mandarin-language-zoom-meeting-monthly/2023-01-04/>

WHAT: ACA (Adult Children of Alcoholics and Other Family Dysfunction) is a 12-Step Fellowship that helps people that were raised in a dysfunctional family of origin.

WHEN:

Monthly on the 1st Wednesday (7pm – 8pm) on Zoom

(In 2023: 1/ 4, 2/1, 3/1, 4/5, 5/3, 6/7, 7/5, 8/2, 9/6, 10/4, 11/1, 12/6)

REQUEST LINK: acabostonmandarin@gmail.com

Weekend Retreat - From Brokenness to Healing

Join us at “From Brokenness to Healing” – a weekend retreat sponsored by the West Great Lakes Intergroup

Let your Inner Child play!

Unwind, meditate, relax, get away!

Nightly Bonfire!

Great Food!

Vegan, Vegetarian, Gluten Free and Dairy Free food options available!

BEAUTIFUL facility centrally located between Chicago, Madison and Milwaukee!

JOIN US March 31st – April 2nd in ELKHORN WISCONSIN at the beautiful Lutherdale Hope Retreat Center

See the flyer at <http://retreats.wglaca.org/> for all the details, and to REGISTER!

Sponsored by West Great Lakes

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday of each month, using Zoom, at 2pm Eastern time.

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

Meeting List Maintenance

Did you know that ACA has almost 3,000 meetings? We have a team of volunteers that supports the fellowship by managing changes and additions to the list. Email us at meetings@acawso.org if you would like to join our team.

Twelve Concepts of Service - Concept III

As a means of creating and maintaining a clearly defined working relationship between the ACA meetings, the ACA WSO Board of Trustees, and its staff and committees, and thus ensuring their effective leadership, it is herein suggested that we endow each of these elements of service with the traditional Right of Decision.*

You can find the [12 Concepts of Service here](#).

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: www.adultchildren.org



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