

May 2023

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## **WSO News**

# **7th Tradition Appeal Update**

In response to the special appeal message that was sent by WSO to the registered ACA groups and intergroups asking for increased 7<sup>th</sup> Tradition donations, we received an infusion of funds. This additional money has been used to pay for upcoming book printings. We are currently printing 13 different books in India and Poland and more to be printed in Europe in 5 different languages. We express our deep appreciation to all individual members, groups, intergroups, and regions that have made contributions. We ask them to continue to make the contributions to sustain our rapidly expanding mission. For more information:

https://acawso.org/2023/02/28/7th-tradition-appeal-update

#### Important information for Delegates to the 2023 Annual Business Conference

May 6 & 7, 2023! Click <u>here</u> for more information. <u>https://adultchildren.org/conference/</u>

#### New Spanish, Lithuanian, Russian, & Polish E-Books!

Here is some exciting news that you may feel free to share. As of April 1, the ACA WSO shop.adultchildren.org web store has the **Spanish BRB E-Book**, **the Russian BRB E-Book**, **the Lithuanian BRB E-Book**, **and the Polish YWB E-Book** now available. This brings the total number of translated E-Books available on the WSO site to 13. These E-Books are also available on Amazon and Apple Books. There are 7 Big Red Book E-Books available in Spanish, Lithuanian, Russian, Italian, French, Danish, and Japanese. There are 6 Yellow Workbooks E-Books available in Polish, Finnish, German, Italian, Japanese and Russian. Several others are in process so please stay tuned for more upcoming announcements!

The Russian Big Red Book e-Book is now available on the Russian sales platform Litres at <u>https://www.litres.ru/book/wso-aca/vzroslye-deti-alkogolikov-deti-iz-neblagopoluchnyh-semey-69155392/</u> It can be purchased by ACA members living inside Russia for the first time as an e-Book. It is an upgraded Epub 3.0 version with the latest e-Book features available.

#### Литрес

#### Взрослые дети алкоголиков. Дети из неблагополучных семей — WSO ACA | Литрес

Это официальная литература, одобренная на конференции Всемирной сервисной организации взрослых детей алкоголиков (ACA WSO). Текст сообщества ACA (обычно называемый Большой красной книгой или БКК) представляет собой книгу дл...

## Help is Needed At the 2023 ABC!

Help is needed to conduct the 2023 Annual Business Conference, May 6 & 7. If you are interested in helping, please click this link for more information <u>https://</u> adultchildren.org/conference/

## **Request to Get an ACA Meeting Started**

We have a request from a therapist to get an ACA meeting started at the West LA VA Domiciliary on Wilshire Boulevard in Los Angeles. This program is for our Veterans in Recovery.

# **Conference Webpage Is Now Live**

The conference webpage is now live: https://adultchildren.org/conference/



# Introducing the NomCom's 1st "Spotlight on the WSO Board" Interview

This new series is designed to acquaint the fellowship with our Board members as people and fellow ACA's. This is a space where Board members can share how their Board and Committee service has deepened their recovery. We hope this better acquaints members with the people and work of the Board and hopefully inspire more applications to the Board.

https://acawso.org/2023/03/10/spotlight-on-the-wso-board-erin-d/

We'll be doing this with willing Board members.

# Have You Considered Becoming A Board Member?

Consider taking your service and your recovery to the next level and apply to the Board. Application packets are available at <u>https://acawso.org/</u> <u>category/nominating-committee/</u> Please contact me with any questions at <u>chairnomcom@acawso.org</u>. We welcome everyone!

### The Nominating Committee Is Seeking 3 More Members

The Nominating Committee is seeking 3 more members to complete our committee. An application packet is available at <u>https://acawso.org/</u> <u>category/nominating-committee/</u> Feel free to contact me with any questions at <u>chairnomcom@acawso.org</u>. We welcome everyone!

## **Social Media Update**

The social media pilot is underway and we ask everyone to go there and "like" the page. Liking the page does not necessarily mean you are an ACA Member. Here is the link if you wish to "like" the page: <a href="https://www.facebook.com/acaworldservice/">https://www.facebook.com/acaworldservice/</a>

#### Name Study Update

The Name Study Committee is getting input from the fellowship about a potential name change. It is encouraged that all members of the fellowship complete <u>this survey</u>. **Open to fellowship members only through May 31, 2023**. Please don't take the survey more than once. For more information please visit <u>https://adultchildren.org/namestudy/</u>

# New Suggested Guidelines for 7th Tradition Contributions

Check out the new suggested guidelines for ACA Groups, Intergroups, and Regions in donating 7th Tradition contributions that exceed their expenses and a prudent reserve. These guidelines are purely voluntary but are encouraged by the WSO Board of Trustees.

https://adultchildren.org/comline/fellowship-news/new-guidelines-forcontributions-by-aca-groups-intergroups-regions/

#### Service Wellness 24/7 - A New Program Of Support For WSO Volunteers

Join us on every 7th and 24th of the month - to find clarity, camaraderie and support around your service challenges and accomplishments. For more information:

https://acawso.org/2023/03/01/service-wellness/

#### **Volunteers Needed At The World Service Office**

Calling all Southern California ACA members! Your World Service Office needs volunteers to help carry the ACA message. We are seeking volunteers to assist with emails, phone calls, labeling books, or creating literature bundles. If you would like to donate an hour or more of time (between 8am and 4pm M-F Pacific Time) and live in the Signal Hill/Long Beach, California area or will be visiting the area, please contact us at info@acawso.org or fill out the form at https://acawso.org/service.

# The Loving Parent Guidebook

The *Loving Parent Guidebook* (LPG) has been out for about a year and a half! Over 30,000 have been sold worldwide and 160+ meetings use the guidebook. We'd love your feedback on using the LPG at <u>http://litreview.adultchildren.org</u>. Click for more guidebook news and tips.

For more information: <u>https://acawso.org/2022/08/17/one-year-update-the-loving-parent-guidebook/</u>

# The Loving Parent Guidebook Group Materials

*The Loving Parent Guidebook* Subcommittee is excited to release study group materials for groups to adapt as needed. We hope the sample materials support your experience with the guidebook! To download copies, please visit our Bonus Resources page.

http://lpg.adultchildren.org/

#### **Recordings of The Loving Parent Guidebook Guided Practices/Meditations**

Call for Submissions: Recordings of *The Loving Parent Guidebook* Guided Practices/Meditations. Help us carry the message by submitting an audio recording; no experience is necessary. Deadline to Submit April 30, 2023. <a href="https://acawso.org/2023/02/22/call-for-recordings-of-the-loving-parent-guidebook-guided-practices-meditations-no-experience-necessary/#">https://acawso.org/2023/02/22/call-for-recordings-of-the-loving-parent-guidebook-guided-practices-meditations-no-experience-necessary/#</a>

#### Literature In Development

Literature in Development is compiling a revised list of Affirmations. If you would like to join the working group, or send in your favorite Affirmation, please contact <u>litchair@acawso.org</u>. We meet the last Saturday of the month at 12 noon Eastern.

#### **To Our International Fellowship**

To our international fellowship: please consider becoming a reader for new literature being evaluated in Literature Evaluation. We particularly welcome readers for whom English is not a primary language. Please contact <u>litchair@acawso.org</u>.

#### **Please Submit Comments Or Suggestions**

Please submit comments or suggestions about any piece of Literature to <u>https://acawso.org/feedback-on-existing-literature/</u>. Comments especially welcome for two documents in Fellowship Review period: Loving Parent Guidebook and Bill of Rights.

#### **Enhanced Meeting Search Page**

The IT committee is pleased to announce that an enhanced meeting search page has been released. To find out about how to take advantage of the new features read our <u>updated meeting search article</u>

**Treasurer's Corner** 

# **7th Tradition Donations**

Every ACA group's primary purpose is to carry the message to adult children still suffering, everywhere. Find out more about how your group's 7th Tradition Donations are used to support and sustain the important services the World Service Organization (WSO) performs on behalf of ACA groups, including translated literature and providing literature to the entire world.

<u>Click here</u> for more information.

To view this email in an alternative language click the name of your preferred language below

<u>Espanol, やまと, Svenska</u>, <u>Français</u>, <u>Dansk</u>, <u>Deutsch</u>, <u>Italiano</u>, <u>Polska</u>, <u>Suomalinen</u>, <u>Nederlands</u>, <u>Eλληνική</u>, <u>Lietuvių</u> <u>kalba</u>, <u>Tsjechisch</u>, <u>Українська</u>

<u>Click Here</u> to read the Monthly Treasurer Report. The latest report displayed is usually two months before the current month.

#### **Featured Meetings & Events**

#### **Ready Set GO!! Series**

Ready Set Go!! is a 6-week introductory program of the ACA program, the ACA 12 Steps, and an introductory Inner Child Workshop "Awakening My Little One."

<u>2023 Morning Series Dates:</u> Tuesdays 10AM- 12PM Eastern (TEL0513) May 2, 9, 2023, May 23, 30, June 6, 13, 20, 27 2023 <u>https://acawso.org/calendar/ready-set-go-morning-series-11/2023-04-04/</u>

<u>2023 Evening Series Dates:</u> Thursdays 8PM - 10PM Eastern (TEL0514) May 4, 11, 2023, May 25, June 1, 8, 15, 22, 29, 2023 <u>https://acawso.org/calendar/ready-set-go-evening-series-7/2023-04-06/</u>

Contact: acatoni5617@comcast.net readysetgo.pa19@gmail.com

#### Mothers' Day Weekend 2023 (Two-Day) ACA Zoom Marathon

Mothers' Day Weekend 2023 (Two-Day) ACA Zoom Marathon from Mass IG

Sat, 5/13 Evening (6pm - 9pm EST) Sun, 5/14 All Day (7am - 9pm EST)

On the above dates: Link: <u>zoom.us/join</u> Mtg ID: 874 7239 0347 Passcode: <none>

Or, this link: <a href="https://us02web.zoom.us/j/87472390347">https://us02web.zoom.us/j/87472390347</a>

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Here's a Link to convert to your local time: <u>https://24timezones.com/difference/boston/</u> ========

NOTE: Groups or individuals that want to host for an hour of the Marathon (using your usual meeting format), check availability here: <u>https://bit.ly/aca-signup-to-lead</u>

Sponsored by ACA Mass Intergroup, IG# 634

#### ACoA Mother's Day Telephone Meeting Marathon

ACOA 2023 Mother's Day Telephone Meeting Marathon

Welcome to the ACOA Phone Meeting Marathon sign-up!

You are invited to strengthen your recovery by Moderating, Back-up Moderating, and Timekeeping.

The Marathon begins Sunday May 14th, 2023 at 5 am et and ends Monday May 15th, 2023 at 3 am et.

Holidays may be a difficult time for adult children. We encourage you to share this phone meeting with anyone who would like to heal from the effects of alcoholism or family dysfunction.

You may serve in one of two ways:

1. Attend the meeting. The call-in number is 712-432-8808 access code 247676#

2. Share this Marathon meeting phone number and time with other Adult children and please announce it at all appropriate ACOA meetings.

The call-in number is 712-432-8808, access Code 247676#. Interested in service? Moderators, Back-Up Moderators, and Timekeepers are needed.

For the signup link please text or call Luella at 708-638-3371, <u>stepstudyaca18@gmail.com</u>, or Christa at <u>serveasmoderator@gmail.com</u>

For a moderator script please email Luella at stepstudyaca18@gmail.com.

Please do not hesitate to contact us with any questions.

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In-Service,

Christa and Luella Moderator Co-Chairs

Luella's Contact info:

708-638-3371

stepstudyaca18@gmail.com

Christa's contact info:

serveasmoderator@gmail.com

303-359-5804

Location: 712-432-8808 access code 247676#

Sponsored by The One Trait at a Time Group TEL0353

#### ACA Retreat: Greater Seattle, Puyallup Valley

Meetings, workshop, activities, Dance and more. Is bring your entire child. Link to online registration. For more information email <u>retreataca@gmail.com</u> or call Dusty 206-858-2905

https://docs.google.com/forms/d/e/1FAIpQLSf00LO20tnHtlhvUfhneEia MTjkvFDx\_bCMMqOf\_sThCw6evw/viewform?usp=sf\_link

#### Way of Life Conference

Join us as our AA, AI-Anon and ACA Fellowships come together for an amazing day of hope, healing and inspiration. Early Bird discounted tickets go on sale April 1st.

Saturday, June 10th at the Marriot Hotel in Palm Beach Gardens

Please go to <u>http://info.wayoflifeconference.com/</u> for more information.

Sponsored by ACA Southeast Florida Intergroup, IG# 650

#### See More Events

#### Submit Your Event

**Meetings** - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the <u>Find a Meeting</u> page on <u>adultchildren.org</u> to search for a meeting, or for more detail on specific meeting types, visit the <u>Meeting</u>, <u>Phone</u>, and <u>Online</u> meeting information pages.

#### WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday of each month, using Zoom, at 2pm Eastern time. *The Teleconference scheduled for the second Saturday in May has been rescheduled to the second Saturday in June.* 

**Zoom Meeting ID:** 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the <u>ACAWSO.ORG website</u>.

#### **Twelve Concepts of Service - Concept IV**

Throughout our structure, we maintain at all responsible levels a traditional Right of Participation.

You can find the <u>12 Concepts of Service here</u>.

## **Daily Meditation Emails**

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the <u>meditation</u> <u>email here</u>. You will need to sign up for this separately from The Traveler Newsletter email.

# About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: <u>www.adultchildren.org</u>



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