



August 2023

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WSO News



**** Recharge Your Recovery!****

Your WSO in partnership with the South East Florida ACA Intergroup, is pleased to announce the registration page for the in-person Southeastern Regional Convention is now live at <https://adultchildren.org/region-event/>.

The convention will be held in Boca Raton, Florida, on October 13-15, 2023 simultaneous to a WSO Board of Trustees Planning meeting and service training. It will feature 9 ACA Recovery Workshops and 4 Speaker Meetings with meals over 3 Days. Sign up has begun and space is limited. The cutoff for hotel rooms is September 7th. Questions can be emailed to: regionevent@acawso.org. Come join us at the newly renovated hotel!

The ACA World Service Office has moved!

We outgrew our existing office of 6 years and began looking for a new office about 6 months ago. It needed to be the right mix of office and warehouse space for our staff and book storage. It also needed to be located in a specific geographic area so as not to lose dedicated trained employees by them having to long of a commute.

We searched and searched and after visiting about a dozen potential sites, we finally found the one that fit just right. WSO signed the lease on July 6th and in just about three weeks we had it painted, the carpet and flooring cleaned and are completely moved from the old office into the new office.

The staff did a great job with everyone pitching in and getting move-ready. The contractors we hired to do the prep work came through on time. As of this moment we are operating in the new office at 1901-1903 E 29th Street, Signal Hill, CA 90755. Please let everyone know about the new location and please feel free to come by and check it out! We can now offer retail sales out of the office!



Registered ACA Groups May Submit Proposals

Registered ACA groups may submit proposals beneficial to ACA, worldwide, for possible inclusion on upcoming ACA business meeting agendas. Full announcements arrive in August. Please note: Aspects of the Ballot process may evolve. Stay informed at: <https://acawso.org/bpc/>.

2023 ACA Annual World Convention

The 2023 ACA Annual World Convention's theme is CONNECTIONS, November 17/18 or 18/19.

We are seeking applications for interactive ACA presentations until Sunday August 20, 2023, 11:59pm your local time zone <https://adultchildren.org/2023-awc/>.

Registration will be open on August 1, 2023.

One Word...PROPOSAL

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Okay, maybe a few more... If your group would like to propose an improvement to

ACA, one that would benefit the global fellowship, then submitting a proposal is for you. Find more information at: <https://acawso.org/bpc/>

Archives Committee Needs A Chair

The Archives committee needs a chair. This person would join the committee and archivist to continue work with uploading and cataloging materials in Preservica. They would also work with the committee to identify and address other archival needs.

archivist@acawso.org

The ACA Archivist Is Looking For Volunteers

The ACA Archivist is looking for volunteers willing to learn how to upload documents into our Preservica platform and do some simple cataloging using the method required. Training and support are available.

archivist@acawso.org

The Archives Committee Is Missing Minutes Prior to 2017

The Archives is missing Books of Minutes for the years before 2017. If you were a board member and have copies of minutes from any year before 2017, we would like you to contact us.

archivist@acawso.org

Do You Work And Play Well With Others?

Do you work and play well with others, have good ACA recovery, and want to give back to ACA? If you answered yes, please consider applying for the ACA Board of Trustees. For qualifications, questions, and applications, visit: <https://acawso.org/category/nominating-committee/>

The Nominating Committee Is Seeking Three New Members

The Nominating Committee is seeking three new members. One seat is specifically reserved for members outside of North America. Feel free to contact us to answer

your questions. Please visit our webpage for qualifications, general duties, and contact information at: <https://acawso.org/category/nominating-committee/>

New Suggested Guidelines for 7th Tradition Contributions

Check out the new suggested guidelines for ACA Groups, Intergroups, and Regions in donating 7th Tradition contributions that exceed their expenses and a prudent reserve. These guidelines are purely voluntary but are encouraged by the WSO Board of Trustees.

<https://adultchildren.org/comline/fellowship-news/new-guidelines-for-contributions-by-aca-groups-intergroups-regions/>

New 7th Tradition Suggested Script For Meetings

The ACA World Service Organization (WSO) Finance Committee has developed a new suggested addition to every ACA Group's meeting script.

For more information:

<https://adultchildren.org/wp-content/uploads/2023/05/Suggested-New-Meeting-Script-for-the-7th-Tradition.pdf>

Service Wellness 24/7 - A New Program Of Support For WSO Volunteers

Join us on every 7th and 24th of the month - to find clarity, camaraderie and support around your service issues and accomplishments. For more information:

<https://acawso.org/2023/03/01/service-wellness/>

This is a respectful space where volunteers learn from the experiences of others. Unstructured sharing focuses on the rewards and challenges of volunteering, promotes emotional sobriety and supports healthy service. Find out more at: <https://acawso.org/vrc/>. Please join us!

Opportunity to Volunteer At The World Service Office

Your ACA World Service Office would welcome volunteers to help carry the ACA

message. We are seeking volunteers to assist with emails, phone calls, labeling books, or creating literature bundles. If you would like to donate an hour or more of time (between 8am and 4pm M-F Pacific Time) and live in the Signal Hill/Long Beach, California area or will be visiting the area, please contact us at info@acawso.org or fill out the form at <https://acawso.org/service>.

ACA Autism Support Group

A group for ACA's diagnosed with Autism, to share support and fellowship. Please email: damien.m8@proton.me

Young Adults And Teens Subcommittee Is Restarting

Young adults and Teens Subcommittee is restarting its work. Everyone who is interested in supporting young adults and teens recovery is welcome to join the meetings at every 3rd Thursday of the month at 2 pm ET.

<https://acawso.org/category/young-adults/>

The BRB Revision

The BRB Revision working group starts July 8/9 on the resolution to update the BRB. All are valued and welcome to add your voice! We especially seek volunteers from all over the world and all underrepresented groups.

<https://acawso.org/2023/06/21/big-red-book-revision-volunteers-needed/>

The Loving Parent Guidebook Group Materials

The Loving Parent Guidebook Subcommittee is excited to release study group materials for groups to adapt as needed. We hope the sample materials support your experience with the guidebook! To download copies, please visit our Bonus Resources page.

<http://lpg.adultchildren.org/>

Literature In Development

Literature in Development is compiling a revised list of Affirmations. If you would like to join the working group, or send in your favorite Affirmation, please contact litchair@acawso.org. We meet the last Saturday of the month at 12 noon Eastern.

To Our International Fellowship

To our international fellowship: please consider becoming a reader for new literature being evaluated in Literature Evaluation. We particularly welcome readers for whom English is not their primary language. Please contact litchair@acawso.org.

Please Submit Comments Or Suggestions

Please submit comments or suggestions about any piece of Literature to <https://acawso.org/feedback-on-existing-literature/>. Comments especially welcome for two documents in Fellowship Review period: Loving Parent Guidebook and Bill of Rights.

Enhanced Meeting Search Page

The IT committee is pleased to announce that an enhanced meeting search page has been released. To find out about how to take advantage of the new features read our [updated meeting search article](#)

Treasurer's Corner

[Click Here](#) to read the Monthly Treasurer Report. The latest report displayed is usually two months before the current month.

Featured Meetings & Events

Ready Set GO!! Series

Ready Set Go!! is a 6-week introductory program of the ACA program, the ACA 12 Steps, and an introductory Inner Child Workshop "Awakening My Little One".

2023 Evening Series Dates:

Thursdays 8PM - 10PM Eastern (WEB1120)

July 13, 20, 27, August 3, 10, 17, 2023

For more information click [here](#)

2023 Morning Series Dates

Tuesdays 10AM - 12PM Eastern (WEB1119)

August 29, September 5, 12, 19, 26, Oct 3, 2023

For more information click [here](#)

Contact:

acatoni5617@comcast.net

readysetgo.pa19@gmail.com

Sponsored by West Great Lakes ACA Intergroup, IG# 70

Healing Emotional Trauma Through Art

This two-hour workshop centers around breaking down the locked and blocked feelings from traumatic, emotional life experiences by expressing them through art.

Having a talent for the creative arts isn't necessary for getting something out of art therapy. The goal isn't creating aesthetically pleasing artwork. It's about expressing yourself and your story with imagery, movement, or another creative expression.

Saturday, August 5th

2:00-4:00pm Pacific Time

For more information click [here](#)

Sponsored by ACA Gresham Monday "Coming From Love"

ACA Play Day On The Bay - Exploring Promise 7

"We learn to play and fun in our lives"

Morning Meeting 11am - What's Stopping You From Playing?

Evening Meeting 5pm - What Have You Learned From Play?

A day full of play in between!

August 26th from 10am - Sunset (Eastern Time)

For more information click [here](#)

Sponsored by PA ACA Intergroup #599

ACA Recovery & Our Mental Health

This six-part series of meetings will offer 15-min ACA speakers sharing 1) what it was like, 2) what it's like now, and 3) how the ACA program has helped them in their mental health journey.

Each speaker has selected a topic for themselves.

Every 2 weeks, beginning August 25th
Fridays, 6:00-7:00pm Pacific Time

For more information click [here](#)

Sponsored by CA1141

Informative Conference About ACA And Its Tools

Informative conferences about ACA and its tools.

Professionals and interested people will be invited to pass on the message.

The purpose is to spread the message in Mexico and make ACA known in Mexico so that more groups emerge and there are those spaces for those who need it.

For more information click [here](#)

Sponsored by IG#635 ACA Mexico

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting

information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday of each month, using Zoom, at 2pm Eastern time.

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

Twelve Concepts of Service - Concept VIII

The Trustees of the World Service Organization act in this primary capacity: with respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs.

You can find the [12 Concepts of Service here](#).

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.



Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: www.adultchildren.org

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