



ACA Event

Self-Love - Becoming Your Own Valentine

Event Info:

February 24, 2024 at 9:00 am – 3:00 pm EST

Doors Open: 8:30

Bring your lunch for the event

Breakfast/Snack Item Donations Appreciated (juice, fruits, bagels, breakfast/protein bars)

Place: Church of the Holy Redeemer; 230 Pennswood Rd, Bryn Mawr PA 19010

Suggested Event Donation at door: \$10.00 (*no one will be turned away*)

- 6 Workshops to choose from
- ACA Meeting
- Service/WSO Information Meeting
- Bring Inner Child Picture (optional)
- Chair Yoga
- End with a Sharing Circle

For Information, to RSVP, or to Donate Items for Raffle:

selfloveACAevent@yahoo.com or contact Linda at 610-256-0265

RSVP kindly suggested

All are welcome. Sponsored by PA Intergroup and New Leaf Sunday Morning ACA PA 105

The only requirement is a desire to recover from the effects
of growing up in an alcoholic or otherwise dysfunctional family.

