



February 2026

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Forward the Traveler to a Friend

Inside This Month's Traveler

Shared Responsibility, Shared Future

In 2026, as ACA celebrates 48 years of recovery and 20 years of the Big Red Book, we honor strong member generosity and call on groups, intergroups, and regions to step forward in shared financial support. Broad participation across the service structure strengthens ACA's stability, unity, and growth.

[Help sustain ACA's shared services by contributing today.](#)





It's back! 🌈 The ComLine Blog is up and running again with new recovery stories and inspiring articles created for our ACA community.

Please take a few minutes to read, reflect, and connect:

👉 <https://adultchildren.org/blog/>

ComLine Blog Submissions Are Open!

WSO is please to announce the submissions portal to the ACA ComLine blog is now open, and we're glad to welcome member writing again! If you submitted an article in the past that was not published, please resubmit it using the revised submission form. Please review the submission guidelines before submitting.

[View the submission page](#)



Reminder!

Next ACA Conference Business Meeting

January 31, 2026 9am-5pmET

Members can click on the red Read More Button to find out more about the topics being discussed or click the picture to go to the main conference page.

[To see the agenda go here:](#)

[Read More](#)



Why ACA Must Act When Copyright Infringement Occurs

Occasionally we hear concerns about ACA WSO's copyright enforcement. When unauthorized use of ACA materials is identified, ACA WSO has a responsibility to respond to protect the Fellowship's legal rights and the integrity of the ACA message. Consistent enforcement preserves a clear, unified message.

[Learn more here](#)

Fellowship Highlights

Registration for the 2026 ACA AWC is Open

Registration for the 2026 ACA Annual World Convention (March 27-28) is open. Apply to hold an open ACA meeting. Request a song for the Inner Child Dance Party or participate in the Talent Show. Apply to volunteer as a Tech Host.

[Click here for more information](#)

Missed the 2025 Convention? Listen to the Recordings Anytime

All presentations from last year's ACA Annual World Convention are available online.

[Access the Recordings](#)



Important Updates from WSO

Imagine ACA's Future – Join the Anniversary Visioning

Help shape how ACA celebrates its major milestones – like the upcoming 20th Anniversary.

Bring your ideas for meaningful, fellowship-wide celebrations. All ACA members welcome.

 [Learn more or join the brainstorm](#)



We Need Old ComLines!

We're looking for missing editions of ComLine, meeting minutes, and any other historical ACA materials. Of 384 possible ComLine issues since 1984, only about half are in our archives.

We'll cover postage if needed – just reach out: info@acawso.org

Is Your Group's Listing Information Current?

If you're a public or private contact for a group (meeting, Intergroup, or Region), please double-check your group's information.

For meetings:

👉 [Find your meeting](#) and click "Update This Meeting"

For Intergroups:

👉 [Find your Intergroup](#) and click "Update Now"

For Regions or general updates:

👉 Email us at meetings@acawso.org

If your group contact(s) no longer attends your meeting, email us at meetings@acawso.org.



Service Opportunity: Shape the Future

The Nominating Committee is looking for dedicated Fellow Travelers to serve on the Board of Trustees or the Nominating Committee (NomCom) to ensure a healthy rotation of leadership

[Click here for more information](#)

More Than the Basket

What if the Seventh Tradition isn't only about passing the basket, but about sustaining the systems that keep ACA connected, available, and responsive? Contributions help support the infrastructure behind meetings, literature, and services. If you or your group is able, please consider supporting the fellowship in this way.

[Make a contribution today.](#)

Below is the suggested 7th Tradition ACA Fund Flow Model as mentioned in our approved literature.

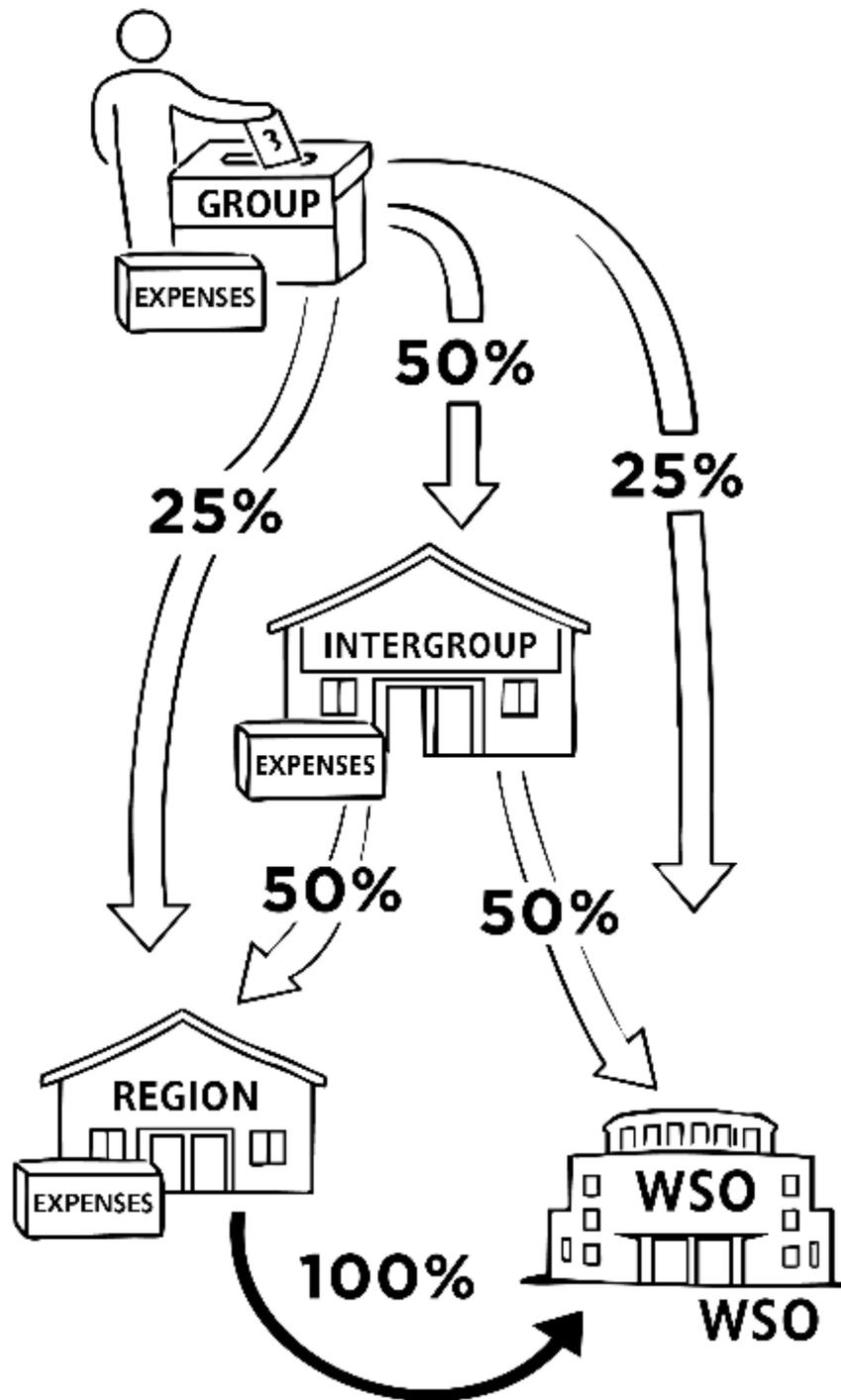
Suggested Guidelines for Sharing Excess Funds

ACA offers **suggested—not required**—guidelines for how groups may share excess funds with intergroups, regions, and the World Service Organization.

After meeting their own expenses and prudent reserve, many ACA groups choose to **share excess funds** using these **suggested** guidelines:

- ✓ **50% to the local intergroup** (if one exists)
- ✓ **25% to the region** (if one exists)
- ✓ **25% to the ACA World Service Organization (WSO)**

If no intergroup or region exists, groups may choose to send their entire contribution directly to WSO.



Service Opportunities & Help Wanted

Step Into Service: Transform Lives - Including Your Own

Volunteering with WSO is more than just giving back - it's a powerful path to healing, growth, and connection. Whether you're new to service or ready to take on a leadership role, there's a place for you in our fellowship.

-- Publishing Committee - 3 Key Roles Available

Help us "carry the message to those who still suffer." Whether you're an InDesign editor, writer, or organizer, the WSO Publishing Committee welcomes your skills to help reach ACA members around the world.

- [Learn more here.](#)

-- Join the Heart of the Fellowship

Become a Member Services Committee, Regions & Intergroup, and Young Adult & Teens Subcommittee Team Member, Chair, or Coordinator.

-: [Learn more here](#)

-- On-Site Support at the ACA Service Office in California

Got time during the week? We need volunteers to:

- Bundle literature
- Assemble meeting packets
- Answer ACA-related calls

Hours are flexible (any time between 8am-4pm PT, Monday-Friday).

- *Connect with us at info@acawso.org or apply [here](#).*

Treasurer's Corner

Monthly Treasurer Report now available. (Typically reflects data from two months prior.)

[View Treasurer Report](#)

Featured Meetings & Events

Will You Be Your Loving Parent?

February 14 @ 10:00am - 12:00pm EST

A Valentine Workshop for Adult Children

Zoom ID: **962 3815 6804**

Password: **LOVE**

Sponsored by Fearless Souls – Adult Children in Recovery ACA IG754

Feel Your Feelings

February 21 @ 9:00am - 4:00pm EST

An ACA Fellowship Event

Third Annual ACA Share-a-Day

Presbyterian Church of Newtown Square

3600 Goshen Road

Newtown Square, PA 19073

Sponsored by PA IG105

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting. For more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Meeting with the Fellowship

The ACA WSO Board holds its open meeting with the fellowship quarterly on the second Saturday using Zoom, at 2pm EST.

Note: The next Board Meeting is March 14th.

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

Twelve Traditions - Tradition 2

For our group purpose there is but one ultimate authority – a loving God as expressed in our group conscience. Our leaders are but trusted servants, they do not govern.

You can find the [12 Traditions of ACA here](#).

Twelve Concepts of Service - Concept II

Authority for the active maintenance of our world services is hereby delegated to the actual voice, the effective conscience for our whole fellowship.

You can find the [12 Concepts of Service here](#).

Daily Meditation in Your Inbox

Get ACA's *Meditation of the Day* delivered to your email — drawn from the **Strengthening My Recovery** book.

[Sign up for Daily Meditation Emails](#)

(Note this is separate from The Traveler newsletter.)

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery

dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information

visit: www.adultchildren.org

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