

January 2026

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Forward the Traveler to a Friend

Inside This Month's Traveler



Shared Responsibility, Shared Future

In 2026, as ACA celebrates 48 years of recovery and 20 years of the Big Red Book, we honor strong member generosity and call on groups, intergroups, and regions to step forward in shared financial support. Broad participation across the service structure strengthens ACA's stability, unity, and growth.

[Help sustain ACA's shared services by contributing today.](#)

20th Anniversary of the Big Red Book Presale Started on December 3rd!

Join ACA WSO as we celebrate the 20th Anniversary of the ACA Fellowship text also known as the Big Red Book by printing a very limited Commemorative Edition. This book is for those who want to mark this milestone in ACA by adding a collectible book to their library.

[Learn more here](#)

WSO Highlights

Your Group's Voice Matters: Vote on Our Fellowship Name

Be part of ACA history. Registered groups have until **January 31, 2026** to vote on our fellowship name.

- Over **2,500 eligible groups in 68 countries** can participate
- Over 429 groups have voted, including 18 intergroups and regions, in 28 countries, surpassing all past voting records
- Not sure how to reach a group conscience? [Watch our fun how-to video](#)
- Last Town Hall: **January 17**

Voting participation has been inspiring. If your group hasn't voted yet, now's the time to have a voice. Let's continue with the momentum by encouraging your group to vote.

[Click here for the flyer](#)

[Town Hall detail](#)

Chat with the WSO Trustees

Here's an opportunity to chat with WSO Trustees. Learn about new initiatives, Raise questions. Consider service on the Board. We will gather on January

10th, at **TWO TIMES** during the day - 10:00 am and 8:00 pm EST. Please join us.

[Find out more here](#)

Hello Friends
Please Join Us
For a Trustee
Meet & Greet
Let's Work Together!

Chat with Trustees of ACA World Services

CONSIDER BECOMING A TRUSTEE

Ask about recent Board initiatives

the Trustees perform SERVICE for the Fellowship by overseeing the various business activities of World Service

Trustees support the pathways to ACA recovery, which also involves a fiduciary responsibility

Join Us on
Saturday, January 10th
at **BOTH**
10:00 AM & 8:00 PM,
Eastern (US)

On Zoom
Meeting ID: 916 9498 5625
Passcode: 112358

write to join@trustee@acaworld.org for more info

ACA's "Service Norms Document"

Please join us to learn or share about "I Feel" statements, the Victim Triangle Dynamic and other items found in ACA's "Service Norms Document." Join us on Saturday 1/17/26 at 4pm EST.

For more information click [here](#)

Missed the 2025 Convention? Watch the Recordings Anytime

All presentations from this year's ACA Annual World Convention are available online.

[Access the Recordings](#)

Important Updates from WSO

Imagine ACA's Future – Join the Anniversary Visioning

Help shape how ACA celebrates its major milestones – like the upcoming 20th Anniversary.

Bring your ideas for meaningful, fellowship-wide celebrations. All ACA members welcome.

[Learn more or join the brainstorm](#)

We Need Old ComLines!

We're looking for missing editions of ComLine, meeting minutes, and any other historical ACA materials. Of 384 possible ComLine issues since 1984, only about half are in our archives.

We'll cover postage if needed – just reach out: info@acawso.org

Is Your Group's Listing Information Current?

If you're a public or private contact for a group (meeting, Intergroup, or Region), please double-check your group's information.

For meetings:

[Find your meeting](#) and click "Update This Meeting"

For Intergroups:

[Find your Intergroup](#) and click "Update Now"

For Regions or general updates:

Email us at meetings@acawso.org

If your group contact(s) no longer attends your meeting, email us at meetings@acawso.org.

ACA Needs You: Become A Trustee And Help Sustain Our ACA Fellowship

At ACA, we know how transformative recovery can be. Our ACA fellowship has supported countless individuals in healing from childhood trauma and dysfunction. Behind this life-saving work is...[click here](#) to find out more

Service Opportunities & Help Wanted

Step Into Service: Transform Lives - Including Your Own

Volunteering with WSO is more than just giving back - it's a powerful path to healing, growth, and connection. Whether you're new to service or ready to take on a leadership role, there's a place for you in our fellowship.

-- Publishing Committee - 3 Key Roles Available

Help us "carry the message to those who still suffer." Whether you're an InDesign editor, writer, or organizer, the WSO Publishing Committee

welcomes your skills to help reach ACA members around the world.

- [Learn more here.](#)

-- **Join the Heart of the Fellowship**

Become a Member Services Committee, Regions & Intergroup, and Young Adult & Teens Subcommittee Team Member, Chair, or Coordinator.

-: [Learn more here](#)

-- **On-Site Support at the ACA Service Office in California**

Got time during the week? We need volunteers to:

- Bundle literature
- Assemble meeting packets
- Answer ACA-related calls

Hours are flexible (any time between 8am-4pm PT, Monday-Friday).

- *Connect with us at info@acawso.org or apply [here](#).*

Treasurer's Corner

Monthly Treasurer Report now available. (Typically reflects data from two months prior.)

[View Treasurer Report](#)

Featured Meetings & Events

Fellowship Group Voting Town Hall/Forum

January 17 @ 11 am - 12:30pm EST **AND** 9:00pm - 10:30pm EST

Fellowship Group Voting for the proposed Name Change

The Zoom link for all of the Town Halls is:

<https://zoom.us/j/96175175199>

Meeting ID: **961 7517 5199**

Passcode: **080125**

For more information click [here](#)

Ready Set Go!!

Ready Set Go!! is a 6-week introductory program of the ACA Program, the ACA 12 Steps, and an introductory Inner Child Workshop "Awakening Little One."

Morning Series Begins **1/06** click [here](#)

Evening Series Begins **1/08** click [here](#)

Contact - acatoni5617@comcast.net

Sponsored by West Great Lakes ACA Intergroup, IG #70

The Promise Of Healthy Intimacy for ACAs

January 24 @ 9:00am - 10:30am EST

We will seek to create healthier personal/intimate relationships in our lives as ACAs.

Online meeting room TBA

RSVP to: blozzom2@gmail.com

For more information click [here](#)

Sponsored by CA1648

New Years Eve and Day Marathon

December 31 @ 5:00am through January 2 @ 3:00am EST

Holidays may be a difficult time for the adult child.

The call-in number is: **712-432-8808**

Access code is: **247676#**

For more information click [here](#)

Sponsored by TEL0427

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting. For more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Meeting with the Fellowship

The ACA WSO Board holds its open meeting with the fellowship quarterly on the second Saturday using Zoom, at 2pm EST. **Note: The next Board Meeting is March 14th.**

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

Twelve Traditions - Tradition I

Our common welfare should come first; personal recovery depends on ACA unity..

You can find the [12 Traditions of ACA here](#).

Twelve Concepts of Service - Concept I

The final responsibility and the ultimate authority for ACA World Services

should always reside in the collective conscience of our whole fellowship.

You can find the [12 Concepts of Service here](#).

Daily Meditation in Your Inbox

Get ACA's *Meditation of the Day* delivered to your email — drawn from the **Strengthening My Recovery** book.

[Sign up for Daily Meditation Emails](#)

(Note this is separate from The Traveler newsletter.)

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: www.adultchildren.org

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