



**March 2026**

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Forward the Traveler to a Friend

## Fellowship Highlights

### Fellowship Group Voting Results Are Available



1,068 of 2,596 eligible groups (41%) participated, the highest level in 40 years. Groups from 45 countries took part, showing the shared commitment to our worldwide fellowship.

[Visit the Fellowship Group Voting Page to see the results of the vote.](#)

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## Registration for the 2026 ACA AWC is Open!

Registration for the 2026 ACA World Convention (March 27-28) is open. Click the link below to participate! You can also apply to hold an open ACA meeting. Request a song for the Inner Child Dance Party or participate in the Talent Show. Apply to volunteer as a Tech Host.

# TRANSFORMATION

from Hurting to Healing to Helping  
- the ACA Recovery Journey...

[Click here for more information](#)

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## International Literature Update

ACA WSO is pleased to share the following international literature releases published since the beginning of the year. We are deeply grateful to the translation teams and WSO staff whose service made these publications possible.

- Italian *Loving Parent Guidebook* (print & eBook),
- French *Loving Parent Guidebook* (eBook),
- Arabic *A New Hope* (eBook).

Details and purchase links: <https://shop.adultchildren.org/>

Interested in translating or learning more? Visit: <https://acawso.org/translations/>

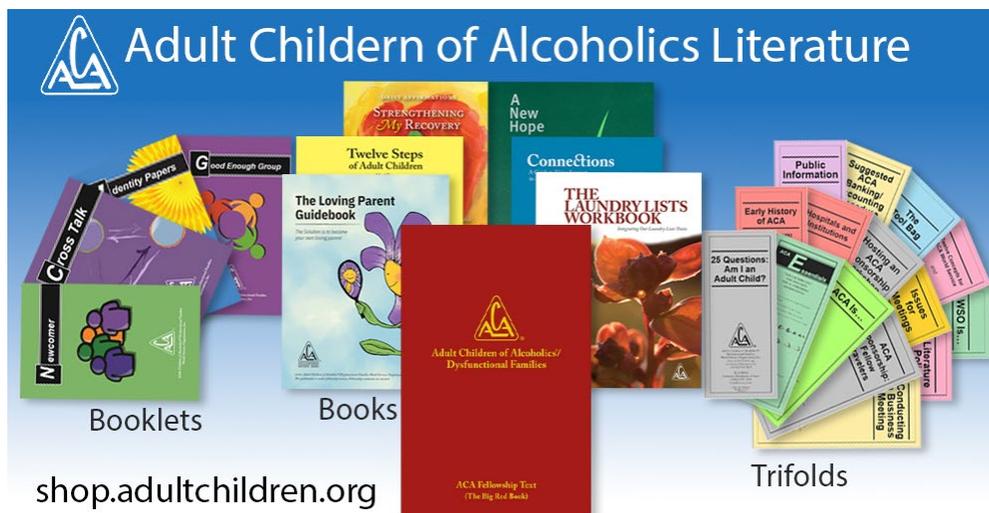
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## Missed the 2025 ACA World Convention? Listen to the Recordings Anytime

All presentations from last year's ACA Annual World Convention are available online.

[Access the Recordings](#)

## Visit the Shop for ACA Approved Literature!



## Is Your Group Outside of the US? Order it here:

<https://adultchildren.org/international-literature-order-request-form/>

## WSO News



Here are a few recent posts from the ComLine Blog. If you feel inspired to share your own experience, [submissions are now open](#).

### [Boundaries Workshop at 2026 ACA AWC](#)

A sneak peek of the "Freedom from Boundaries" book. Our workshop will be Saturday, March 28, 2026 from 5:30pm - 7:00pm EST in the Workshop Room.

## [14 Signs Your Childhood Might Be Affecting Your Life Today](#)

A simple, shareable introduction to ACA's 14 traits.

## [Feeling Stuck? Your Childhood Might Hold the Answer](#)

A welcoming overview for anyone wondering if ACA might be right for them.

## [It's Never Too Late: Starting the ACA Steps in Midlife](#)

A personal reflection on beginning the ACA Steps later in life.

Please take a few minutes to read, reflect, and connect:

<https://adultchildren.org/blog/>

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## **We Need Old ComLines!**

We're looking for missing editions of ComLine, meeting minutes, and any other historical ACA materials. Of 384 possible ComLine issues since 1984, only about half are in our archives.

We'll cover postage if needed – just reach out: [info@acawso.org](mailto:info@acawso.org)

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## **Why ACA Must Act When Copyright Infringement Occurs**

Occasionally we hear concerns about ACA WSO's copyright enforcement. When unauthorized use of ACA materials is identified, ACA WSO has a responsibility to respond to protect the Fellowship's legal rights and the integrity of the ACA message. Consistent enforcement preserves a clear, unified message.

[Learn more here](#)

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## **What is WSO - and Why Does It Matter?**

A clear look at what the WSO is, what it does behind the scenes, and how world-level service supports the entire ACA fellowship.

[Learn about WSO](#)

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**Important Updates from WSO**

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## **Imagine ACA's Future – Join the Anniversary Visioning**

Help shape how ACA celebrates its major milestones – like the upcoming 50th ACA Birthday Anniversary!

Bring your ideas for meaningful, fellowship-wide celebrations. All ACA members welcome.

[Learn more or join the brainstorm](#)

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## **Is Your Group's Listing Information Current?**

If you're a public or private contact for a group (meeting, Intergroup, or Region), please double-check your group's information.

For meetings:

[Find your meeting](#) and click "Update This Meeting"

For Intergroups:

[Find your Intergroup](#) and click "Update Now"

For Regions or general updates:

Email us at [meetings@acawso.org](mailto:meetings@acawso.org)

If your group contact(s) no longer attends your meeting, email us at [meetings@acawso.org](mailto:meetings@acawso.org).



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## **Service Opportunity: Shape the Future**

The Nominating Committee is looking for dedicated Fellow Travelers to serve on the Board of Trustees or the Nominating Committee (NomCom) to ensure a healthy rotation of leadership

[Click here for more information](#)

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## **The Foundation Beneath Our Meetings**

ACA meetings don't exist by accident. They are sustained by quiet participation and shared responsibility across generations. This new article reflects on the spirit of the Seventh Tradition and the structure that helps carry recovery forward.

[Click here to read more](#)

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## Service Opportunities & Help Wanted

### Step Into Service: Transform Lives - Including Your Own

Volunteering with WSO is more than just giving back - it's a powerful path to healing, growth, and connection. Whether you're new to service or ready to take on a leadership role, there's a place for you in our fellowship.

#### -- Publishing Committee - 3 Key Roles Available

Help us "carry the message to those who still suffer." Whether you're an InDesign editor, writer, or organizer, the WSO Publishing Committee welcomes your skills to help reach ACA members around the world.

- [Learn more here.](#)

#### -- Join the Heart of the Fellowship

Become a Member Services Committee, Regions & Intergroup, and Young Adult & Teens Subcommittee Team Member, Chair, or Coordinator.

-: [Learn more here](#)

#### -- On-Site Support at the ACA Service Office in California

Got time during the week? We need volunteers to:

- Bundle literature
- Assemble meeting packets
- Answer ACA-related calls

Hours are flexible (any time between 8am-4pm PT, Monday-Friday).

- [Connect with us at \[info@acawso.org\]\(mailto:info@acawso.org\) or apply \[here\]\(#\).](#)

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## Treasurer's Corner

Monthly Treasurer Report now available. (Typically reflects data from the two previous months.)

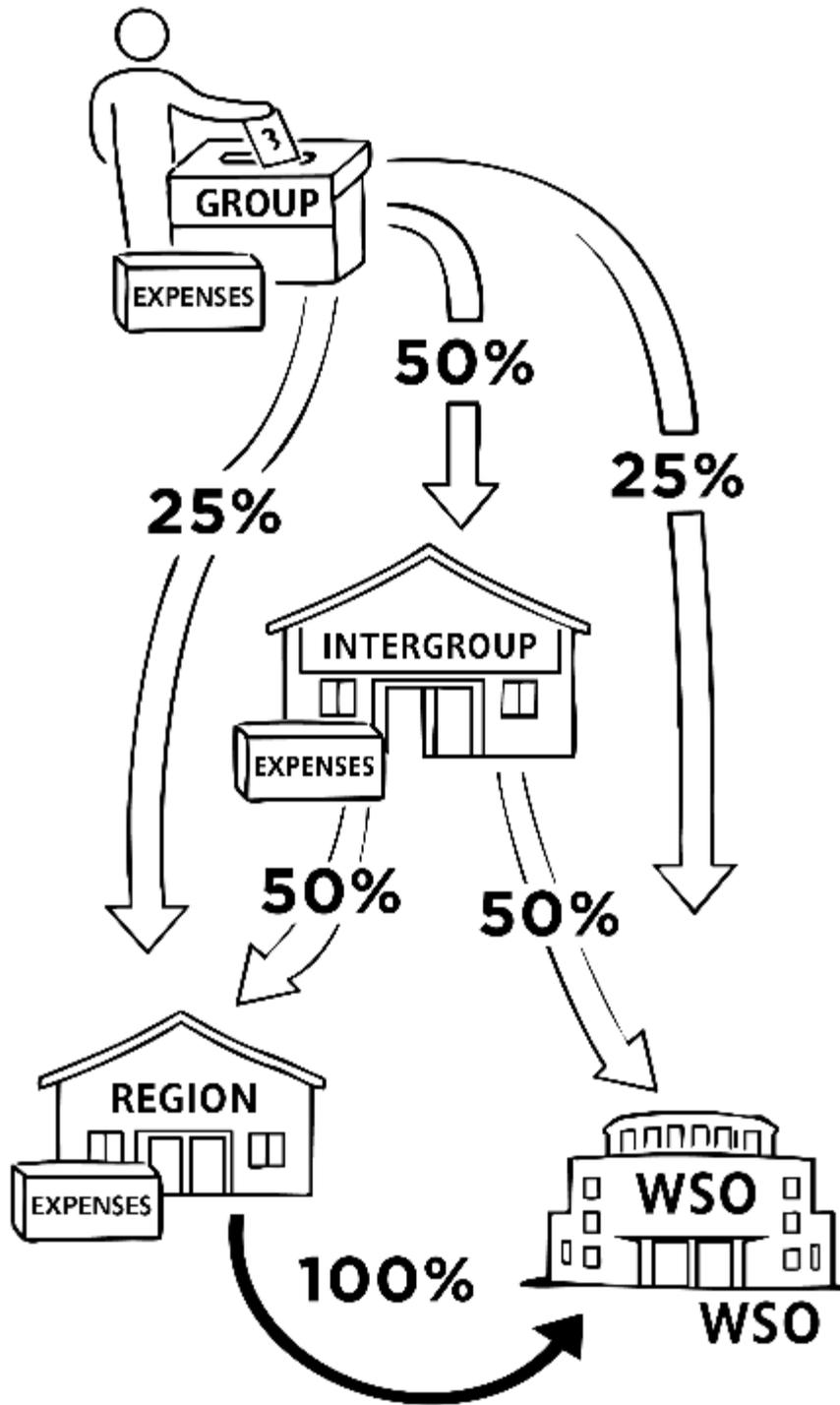
## Suggested Guidelines for Sharing Excess Funds

ACA offers **suggested—not required**—guidelines for how groups may share excess funds with intergroups, regions, and the World Service Organization.

After meeting their own expenses and prudent reserve, many ACA groups choose to **share excess funds** using these **suggested** guidelines:

- ✓ **50% to the local intergroup** (if one exists)
- ✓ **25% to the region** (if one exists)
- ✓ **25% to the ACA World Service Organization (WSO)**

If no intergroup or region exists, groups may choose to send their entire contribution directly to WSO.



## Featured Meetings & Events

ACA Annual World Convention

March 27 @ 6:00pm - March 28 @ 9:00pm EST

You are invited to join the largest ACA recovery event of the year: the ACA's Annual World Convention!!

THIS IS AN ONLINE ONLY EVENT.

**Important:** You must register at <https://adultchildren.org/awc/> to receive an email with the Zoom access information.

You will be emailed a reminder a few days before March 27.

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## **Ballot Prep Question and Answer**

These sessions are designed to provide members and delegates from around the world an opportunity to ask questions and seek clarification about the ballot proposals.

March 1 @ 9:00pm - 10:30pm EST **AND** March 7 @ 9:00am - 10:30am EST

For more information click [here](#)

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## **Ready Set Go!!**

Ready Set Go!! is a 6-week introductory program of the ACA Program, the ACA 12 Steps, and an introductory Inner Child Workshop "Awakening Little One."

Morning Series Begins **03/10** click [here](#)

Evening Series Begins **03/12** click [here](#)

Contact - [acatoni5617@comcast.net](mailto:acatoni5617@comcast.net)

Sponsored by West Great Lakes ACA Intergroup, IG #70

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## **Safety Starts With Me - A 7 Week ACA Workshop on Boundaries & Emotional Sobriety**

This is a chance to explore how boundaries support emotional health, spiritual principles, and reparenting our inner child.

Series begins on March 6 @ 9:00am - 10:30am EST  
Meets every week on Friday for 7 weeks, through April 17.

For more information click [here](#)

Sponsored by IG #754

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## **Unity In Diversity 2026: Our Own Understanding - Many Spiritual Paths in ACA**

This half-day event will focus on our own understanding of spirituality, how our childhood and culture influenced our journey, and how our spiritual perspective might have changed in ACA recovery.

March 7 @ 4:00pm - 8:00pm EST

For more information click [here](#)

Sponsored by IG #648

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[See More Events](#)

[Submit Your Event](#)

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**Meetings** - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting. For more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

*please join us for*

**The ACA WSO  
Board Meeting  
with Fellowship**

March 14, 2025  
18:00 - 20:00 UTC  
2:00 PM - 4:00 PM ET  
Zoom ID: 228 809 511  
Meeting Passcode: 90755

Learn about recent developments and upcoming plans from WSO Committees and the Board of Trustees. Agenda available the week before.

Attend a Breakout Room after the meeting for more in-depth and informal Q & A sessions.

### **WSO Board of Trustees Meeting with the Fellowship**

The ACA WSO Board holds its open meeting with the fellowship quarterly on the second Saturday using Zoom, at 2pm EST.

**Note: The next Board Meeting is March 14th.**

**Zoom Meeting ID: 228 809 511 Passcode: 90755** For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

## **Twelve Traditions - Tradition 3**

The only requirement for membership in ACA is a desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.

You can find the [12 Traditions of ACA here](#).

## Twelve Concepts of Service - Concept III

As a means of creating and maintaining a clearly defined working relationship between the ACA meetings, the ACA WSO Board of Trustees, and its staff and committees, and thus ensuring their effective leadership, it is herein suggested that we endow each of these elements of service with the traditional Right of Decision.\*

\*The right of decision as defined herein refers to:

- 1) the right and responsibility of each trusted servant to speak and vote his/her own conscience, in the absence of any contrary mandate, on any issue regardless of the level of service;
- 2) the 12 Steps, 12 Traditions, and the Commitment to Service will be followed by trusted servants in decision making;
- 3) delegates to the Annual Business Conference are trusted servants and therefore equally guided by the 12 Steps, 12 Traditions, 12 Concepts, and the Commitment to Service;
- 4) standard practice that decisions made by subcommittees are subject to the authority of the service body which creates its mission and defines its parameters.

You can find the [12 Concepts of Service here](#).

## Daily Meditation in Your Inbox

Get ACA's *Meditation of the Day* delivered to your email — drawn from the **Strengthening My Recovery** book.

[Sign up for Daily Meditation Emails](#)

(Note this is separate from The Traveler newsletter.)

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### About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12

Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse.

ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: [www.adultchildren.org](http://www.adultchildren.org)

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