



Ready Set GO!!

RSG is a six-week introduction for newcomers and experienced ACAs to gain clarity and understanding of the ACA program, the ACA 12 steps, and to become acquainted with their inner child.

RSG prepares members to go through any of the ACA Workbooks.

RSG does not take the place of attending regular ACA meetings.

Part of our ACA Solution mentions we use the meetings as the action and work that heals us.



To maintain continuity in our RSG meetings:

Only members who attend WEEK 1 of any session will be admitted to WEEKS 2-6.

[Click Here To Open RSG Material For Participants - TWO WEEKS BEFORE ANY SESSION](#)

or copy and paste this link: <https://drive.google.com/drive/folders/1pAjKUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true>

[Ready Set GO!! Welcome Flyer 2026.1.pdf](#) or copy/paste in URL(search bar)
<https://drive.google.com/file/d/1-VRDfcfnHRqgCL9o88dYndAD0ZhgGxx/view?usp=sharing>

You may need to download this file to activate the links. Copy/paste Link in URL.
Upcoming RSG Sessions are noted on this RSG Welcome Flyer (doubled sided).

NO REGISTRATION

- Only members who attend **WEEK 1** of any session will be admitted to **WEEKS 2-6**
- 2 hours each week
- Week 1 could run for 2 and 1/2 hours
- Capacity of 100

[Click Here To Open RSG Material For Participants -2 WEEKS - before any session.](#)
<https://drive.google.com/drive/folders/1pAjKUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true>

Tues: March 10, 17, 24, 31, April 7, 14 / 10am ET
Thurs: March 12, 19, 26, April 2, 9, 16 / 7pm ET

Tues: May 12, 19, 26, June 2, 9, 16 / 10am ET
Thurs: May 14, 21, 28, June 4, 11, 18 / 7pm ET

Tues: July 14, 21, 28, August 4, 11, 18 / 10am ET
Thurs: July 16, 23, 30, August 6, 13, 20 / 7pm ET

Tues: September 15, 22, 29, October 6, 13, 20 / 10am ET
Thurs: September 17, 24, October 1, 8, 15, 22 / 7pm ET

After completion of RSG week 1 for March/April session:
Only members who attended WEEK 1 will be admitted for WEEKS 2-6.
Tues: Mar 10, 10am ET
Thurs: Mar 12m/ 7pm ET

Please select WEEK 1 of any session to attend Ready Set GO!!. Thank you.

Need Free Zoom Account to join RSG

Those who attend RSG need to have a free zoom account. This is an extra layer of safety. [Click Here To Open To Open Sign Up Free/Zoom](#) or copy and paste link <https://zoom.us/signup#/signup> to get to the Authentication guidelines.

ZOOM Meeting Link: Online/Phone

[Click Here To Connect Zoom:RSG ZOOM](#) or copy and paste link:
<https://us02web.zoom.us/j/85630389240?pwd=bnJqZlFKV0pKYVZNQWl3WlkvZzgxUT09>
Zoom ID: 856 3038 9240 / PW: RSG6

RSG Material for Participants Link GET - TWO WEEKS - before your session begins

[Click Here To Open RSG Material For Participants](#) or copy and paste this link
<https://drive.google.com/drive/folders/1pAjKUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true>
Must have your RSG Material for Participants **TWO WEEKS** before your session begins. Please do not convert the RSG material into a docx, jpg or word document. Respectfully do not alter any parts of the RSG material. Thank you.

Weekly Scripts and Full Blank Worksheets

[Week 1 / Week 2 / Week 3 / Week 4 / Week 5 / WEEK 6](#)
[Click Here to View/Print Worksheets: 32 pages Full Blank](#)
or copy/paste link in URL
https://drive.google.com/file/d/1loec7ZatPvYCKUpULbkWk_8iL4q9Kbld/view?usp=drive_link
May be helpful to Printout: Full Blank Worksheets and Weekly Scripts.

Sharing Partner/ Outreach List:

We utilize a Sharing Partner/Outreach List. We will demonstrate how to use it at the end of week 1. PLEASE KEEP THE LINK AND LIST CONFIDENTIAL.

Suggestions in Preparation for RSG – To view/and/or listen to – copy and paste link

- [Click Here To View/Listen: Participant Preparation Video.](#) or copy and paste link
https://drive.google.com/file/d/1laqRK55RR4rrBKUm27j_qaRm5CMMWRw/view?usp=drive_link
- [Click Here to View: The Steps and our Inner Child](#)
Presentation (advance manually) or copy and paste
https://drive.google.com/file/d/1FlxbjzQC44JUufBfCfs5GSqNQWp_gNrZ/view?usp=drive_link
- [Click Here To View/Listen: ACA RSG Summary Presentation.](#) (33 minutes) or copy and paste
https://drive.google.com/file/d/1Cj4o-W2vFBSsLhbuiKzVhnnuf6KuS0O-/view?usp=drive_link

CHAT Use During Meetings

The meeting CHAT is for technical questions to the Host/Cohost-tech, maintain safety of the meeting, keep the focus on the ACA message. **We use CHAT in the waiting room to verify admission to the meeting for weeks 2 thru 6.** The CHAT is enabled for direct messaging for ACA announcements after the second breakout room. Weekly CHAT ACA/RSG messages are in the RSG Material for Participants.

Timely Arrival and Welcoming Newcomers

For Week 1, the waiting room opens a half hour before our start time, 15 minutes before our start time for weeks 2–6. **SIGN IN WITH:** First, Last initial. We screen share the RSG script/format of the week with our regular ACA readings. A gentle reminder that those new to ACA need to attend 2 regular closed ACA meetings before coming to RSG. We hope you will find it beneficial to attend RSG’s 6 consecutive meetings to support your ACA recovery and gain the clarity that RSG offers. Questions/Support: RSG Team email: acatoni5617@comcast.net

7th Tradition – WSO & Sponsoring Intergroup: West Great Lakes ACA IG

7th Tradition to WSO Online (RSG’s Give once Suggested 7th Tradition: \$5.00)

click link or copy and paste <https://adultchildren.org/7th-tradition/online-contributions/>

Select: Meeting, Meeting ID# **WEB1119** or **WEB1120**, Ready Set GO!!

Select: General Fund, Check: ACA member, Select: Donate, Select payment.

or: By Venmo to @acawso or By calling +1 310–354–1815 WSO or

By mail, check payable to ACA WSO, PO Box 811 Lakewood, CA 90714. Thank you.

7th Tradition–Sponsoring Intergroup IG70 (RSG’s Give once Suggested 7th Tradition: \$5.00)

click link or copy and paste <https://adultchildren.org/7th-tradition/online-contributions/>

Select: Intergroup, Enter: IG70, Select: General Fund, Check: ACA member, Select: Donate, Select payment. Thank you

Copyright and Recording

“Ready Set GO!!” is moving into final phases for publication as ACA FELLOWSHIP REVIEW MODE.

For ACA Use Only.

DUE TO COPYRIGHT REGULATIONS, NO RECORDING OF READY SET GO!! MEETINGS/WORKSHOPS, NO SCREENSHOTS, or NO TRANSLATIONS OF ANY RSG MATERIAL AT THIS TIME.

RSG Contacts and Resources -- Questions/Support: RSG Team email: acatoni5617@comcast.net

acawso.org

Service Website (WSO)
Not Available As of 2/18/2026
Click: Events Calendar
Find RSG sessions for Tues am
and Thurs pm
USE: This Updated Flyer Link:
<https://drive.google.com/file/d/1-VRDfcfnHRqgCL9o88dYndAD0ZhgGx/view?usp=sharing>

adultchildren.org

ACA WSO Website:
Select: Find a meeting
Filter: Ready Set GO!!
Select: Tues am
and Thur pm
Click: Search
Listing: RSG registered as
Closed meetings. For ACAs only

acawso.org

Service Website (WSO)
Go to: Site Map & Search
Enter: Ready Set GO!!
Browse Archives of RSG

Participation Evaluation Upon
Completion of RSG six week program
– Link – TBA